



## SATURDAY April 17, 2010

7:00 am - 7:45 am **YOGA WITH CATHERINE CREWS**  
 7:30 am - 5:45 pm **REGISTRATION & EXHIBITS**  
 8:30 am - 6:00 pm **SILENT AUCTION**  
 8:00 am - 8:30 am **WELCOME**  
**Sue McMunn, President, ASGPP**

8:30 am - 9:45 am **KEYNOTE ADDRESS - TIAN DAYTON, MA PhD, TEP**  
**HOW PSYCHODRAMA BECAME PART OF THE ADDICTIONS FIELD**

*Dr. TIAN DAYTON* is the director of The New York Psychodrama Training Institute. She is a Fellow and Scholar's Award winner of ASGPP. Dr. Dayton was faculty at New York University for eight years teaching psychodrama. She has authored many books, among them *The Living Stage: A Step by Step Guide to Psychodrama, Sociometry, and Experiential Group Therapy*. She has two training DVDs, one being *Trauma and the Body*. Dr. Dayton has been a guest expert on NBC, CNN, MSNBC, Montel, Rikki Lake, John Walsh, Geraldo.

This talk will describe the path that psychodrama has followed in becoming a part of the addictions field. We'll explore the various adaptations the method has undergone, the unique tele between psychodrama and the trauma of addiction and the creativity and spontaneity that has allowed psychodrama and sociometry to flourish. We'll also look at the most commonly made mistakes in method and attitude on both sides of the track and examine what kinds of attitudes and activities might ensure comfortable and continued collaboration.

8:45 pm - 10:45 pm **AN EVENING CABARET**

### 10:00 am - 12:30 pm MORNING WORKSHOPS

#### 43 MANAGING DIFFERENCES BETWEEN COUPLES IN THERAPY

**Martie Adams, LISW, CSW, CP, PAT, CET II; Martie, formerly of NYC, is a happily married, second-time-arounder who brings a wealth of experiences, good and bad, to her work with couples.**

Conflicts between couples often revolve around their basic differences. These differences do not go away and need to be named. Learning to be curious about points of contention can help couples to deal effectively with their differences, to cultivate connections within their diversities. Participants will learn to apply psychodramatic methods to the work of a variety of relationship experts so that they can help their couples to develop healthy and loving relationships.

#### 44 ALL ROADS LEAD TO ROME: FULFILLMENT AND PURPOSE

**Phoebe Atkinson, LCSW-R, TEP; Private Practice, NYC; Graduate of Coach University's Coaching program and has extensive training in Somatic Experiencing and other body-centered approaches. She has partnered extensively in the design and facilitation of Rutgers University Senior Leadership Program for Professional Women and provides executive coaching; Uneeda Brewer, MSW, CP; Certified graduate of the Coach Inc coach certification program. She is a leadership coach for the Senior Leadership Program sponsored by Rutgers University's Institute for Women in Leadership and the Next Level, a training and consulting firm. She is also a Life Coach working with individuals to enhance and improve the work and personal lives.**

Our life journey can be deeply fulfilling when we honor our guiding principles and align with our core values. What principles guide your life? What values inform your choices? This workshop is inspired by the intersection of Moreno's triadic system and some of the principles and competencies that inform the coaching profession. Both coach and psychodramatist view the client as creative resourceful and wise. We will explore these tools and frameworks and how they foster discovery.

#### 45 TEACHING ACTION METHODS TO THE NON-PSYCHODRAMATIST

**Linda Bianchi, LCSW, LICSW, TEP; Worked at St. Elizabeths in Washington, DC; Currently works for Health and Human Services, and designs and teaches action workshops.**

While not everyone is inspired to become a full-fledged psychodramatist, many clinicians and educators yearn for more active and creative approaches to working with clients and students. Sometimes our conserves as experienced practitioners and trainers prevent us from effectively designing structure to teach those whose approaches are different. This workshop will offer guidelines and practice in providing training to non-psychodramatists, training which ensures that psychodramatic and sociometric integrity are woven into the teaching.

#### 46 LOST CHILDREN — ABORTIONS, MISCARRIAGES, AND...

**Karen Carnabucci, MSS, LCSW, TEP; Psychotherapist, coach and trainer who uses psychodrama, Systemic Constellation Work, sand tray and other experiential modalities with individuals, couples, families, groups, businesses and organizations.**

Incidents of abortion, miscarriage, still birth and early childhood death are painfully common in families. Psychodrama helps to identify losses and grieve with the help of role play, surplus reality and other powerful techniques. Systemic Constellation Work "sometimes known as Family Constellation Work" as developed by Bert Hellinger adds the important dimension of including the child in its rightful place in the family and relieves pain, guilt and exclusion in current and future generations.

## 47 A TOOL FOR PRESERVING A GREEN PLANET

**Ron Collier, LCSW, PAT; Program Coordinator, Monmouth Medical Center, NJ; Consultant, Seabrook Rehabilitation Center, NJ; Private Practice; Monmouth University Professional Education Program presenter; Specializing in adult psychiatric populations. Scottie Urmey, MSW, LSW, CP; Co-presenter, Monmouth University's Professional Education Program. Specializing in psychiatric populations.**

This workshop will focus on utilizing the principles of sociometry in preserving our diverse natural environment. Moreno referred to humanity as an organic unity and told us the resolution of social problems lies in the implementation of sociometry. With Earth's diversity threatened, it is imperative that we take action. Participants will make individual commitments, and practice making their sociometry more expansive. This follows Moreno's vision of including and impacting upon All of Mankind.

## 48 CONNECTING TO THE DIVINE THROUGH BIBLIODRAMA

**Linda Condon, LMHC, TEP; Private Practice, Tampa Bay area; Directs workshop and retreats for teens and adults; Published the "Warm-Up Ring: Keys for Energizing Your Group"; Secretary, ASGPP.**

There are many diverse ways to connect with the divine. This workshop will explore the role of "divine" through the experience of bibliodrama. We will utilize a sociodramatic process on 100+ sacred words written by men and women through the ages. No prior familiarity with these words is required. Participants are welcome to bring a sacred word (optional) to the workshop that helps them connect with the role of "divinity".

## 49 WHAT HAPPENED TO MY INNER WORLD? CHARACTERISTICS OF ADULT CHILDREN OF TRAUMA AND ADDICTION

**Tian Dayton, MA, PhD, TEP; Dr. Dayton has a masters in educational psychology and a PhD in clinical psychology and is a board certified trainer in psychodrama; Director, The New York Psychodrama Training Institute where she runs training groups in psychodrama, sociometry and experiential group therapy; Fellow, ASGPP; Recipient, ASGPP Scholar's Award; Faculty at New York University for eight years teaching psychodrama; Guest expert on NBC, CNN, MSNBC, Montel, Rikki Lake, John Walsh, Geraldo.**

The relationships in addictive family systems frequently experience fissures and ruptures due to loss of reliability in thinking, feeling and behavior. These repeated failures and frustrations, can produce a cluster of symptoms that family members carry into their adult relationships and parenting. Understanding the particular effect on the personality of living with trauma and addiction can give clients a way to conceptualize the nature and depth of effects of internalizing this emotional and psychological environment and provide a map to follow to change thinking, feeling and behavior. This will be primarily an experiential workshop based on Dr. Dayton's recent book, *The Living Stage: A Step by Step Guide to Psychodrama, Sociometry and Group Psychotherapy*.

## 50 YOUR THEATER OF LIFE: A SOCIAL ATOM EXPLORATION

**Andrea Sheldon, MS, LMHC, CP; Award-winning experiential, energy-based psychotherapist and certified practitioner; Specializes in the care of those coping with life-altering transitions; Nancy Kirsner; PhD, MEd, OTR, LMFT, TEP; Private Practice for 36 years; Fellow, ASGPP and on the Executive Council; Integrates traditional clinical skills with expressive and creative arts.**

Moreno's genius for a social psychologist is clearly demonstrated in his utilitarian concept of the social atom. Using art and a theater metaphor, explore the richness of your "theater of choice: (social atom). Learn an action method to do a social intake that can be tweaked to serve many kinds of clients. Interact with your life theater - sculpt it - choose your auxiliaries. Who gets the front row versus the balcony? Cultivate Conscious Connections...

## 51 INVESTIGATING FORGIVENESS

**Jacque Siroka, LCSW, ACSW, BCD, TEP; Former Faculty, Rutgers, Stony Brook University; Former Director, Psychodrama Services at Fair Oak Hospital; Staff, Psychodrama Department St. Elizabeth's Hospital; Clinical Director, Sociometric Institute NY; Jaye Moyer, LCSW-r, TEP; Former Adjunct Professor, New York University School of Social Work; Former Coordinator of group services GMHC; Private clinical and supervision practice faculty, Psychodrama Training Institute.**

The first principle of Buddhist Psychology is to see the inner nobility and beauty of all human beings. Unless we are willing to abandon our need to see "bad" others and "bad" selves, we are always at war; we are bound to suffering. Buddha taught that our failure to know joy and happiness directly reflects our inability to forgive. This workshop focuses on the process of forgiveness utilizing guided meditation, group process and psychodramatic action.

## 52 PSYCHODRAMA AND DRAMATHERAPY: RIVALS OR PARTNERS

**Daniel Wiener, PhD, RDT/BCT, Psy. LMFT; Co-Director, New England Center for Drama Therapy; Director/Founder, Rehearsals for Growth, LLC; Saphira Linden, MA, RDT, BCT, LCAT, PAT; Director, Omega Transpersonal Drama Therapy Certificate Program; Lesley Univ, Adjunct Faculty, Transformational Theater pioneer; Artistic Director, Boston's Omega Theater; Management Consultant, Meditation Teacher-Guide, Sufi Order International**

Though outsiders have trouble distinguishing between Psychodrama and Drama Therapy, professionals within these fields magnify their differences and overlook fundamental similarities due to the Narcissism of Small Differences dynamic. Both presenters, who are ASGPP and NADT members, favor closer ties. Following some action sociometric exercises, we will stage separate dramatic enactments of the personified encounter between these fields as rivals and as partners. Participants will heighten their awareness of how loyalties affect their professional identities.

**53 BUT I DON'T WANT TO BE A GORILLA**

**Bill Wysong, MA, LPC, EMDR II, TEP;** Private Practice, Colorado Springs includes psychodrama training and therapy groups; **A licensed architect and Professor Emeritus of an architecture program;** **Joann Wysong, MA;** Trained in psychodrama since 1979 and has assisted Bill in many workshops and presentations; **A Realtor, she helps people survive the buying/selling process.**

The warming-up process is the operational expression of spontaneity (J. L. Moreno). Spontaneity engenders creativity and that leads to positive results. Without proper warm-ups, the necessary sociometry is severely inhibited. After the presentations of several experiential warm-ups, information and tools will be given to design and develop structured warm-ups for interpersonal, organizational, occupational, educational, and social environments, to include those outside the general field of psychology.

**12:45 pm - 2:15 pm  
90-MINUTE WORKSHOPS**

**54 AMERICAN BOARD OF EXAMINERS CONVERSATION HOUR**

**Karen Drucker, PsyD, TEP;** Chairperson, ABE; **Other Elected Board Directors.**

Elected Directors of the American Board of Examiners will be present to answer questions and address issues raised by participants. The Board Chairperson will also share information concerning critical issues and future directions of the Board. A special invitation is issued to those individuals who are considering becoming certified and the challenges and concerns that they encounter with the certification process.

**55 PSYCHOANALYSIS & PSYCHODRAMA:  
TOWARD INTEGRATION**

**Adam Blatner, MD, TEP;** Author of some of the most widely used books in psychodrama; **Recipient, ASGPP J. L. Moreno Award;** **Leonia Kallir Kurgan, PhD, PsyD, CP;** Private Practice, Santa Monica, CA; **Member of Los Angeles Institute and Society for Psychoanalytical Studies, and of the International Psychoanalytic Association.** A certified psychodramatist, she also teaches psychodrama to interns at a psychodynamically oriented clinic; **Amy Schaffer, PhD, TEP;** Private Practice; **Faculty & Supervisor, Institute for Contemporary Psychotherapy;** **Faculty & Supervisor, Psychoanalytic Psychotherapy Study Center;** **Dominick Grundy, PhD, CGP;** Private Practice, New York City; **Editor of GROUP (The Journal of the Eastern Group Therapy Association).** A certified psychodramatist; **Anath Garber, MA, PhD, TEP;** Director, Institute for Applied Human Relations, NYC; **Fellow, ASGPP.**

The historical tension between psychodrama and psychoanalysis has eased with the evolution of both approaches. The presenters have extensive experience with both approaches and will address issues such as transference, role reversal, countertransference, self-states, roles, and the function of metaphor. Participants will learn how to incorporate an understanding of these concepts into their theory and practice. Didactic presentations will be followed by discussion.

*This is a 2010 Award Winners Workshop*

**56 MORENO IN BUSINESS!**

**Andrea Barrett, DIP COT;** An entrepreneur focused on the balance of business and personal development within medium sized businesses. **She is an advanced trainee of Sociodrama, Australian College of Psychodrama, Melbourne.**

Never before has the world of business been so in need of dramatic

insight and responsible leadership. Enter Moreno! This experiential and didactic workshop introduces the approach of a successful Executive Coaching methodology which is used with business leaders in finance, law, health and entertainment industries. The coaching model incorporates Role Theory and the Canon of Creativity and Spontaneity.

Participants will have opportunity to experience and practice key aspects of the coaching model.

**57 CHANGING FAMILY CONNECTIONS IN COMMUNITIES**

**Veronica Bowlan, MSW, LSW, PAT;** Faculty, Department of Psychiatry, Drexel University College of Medicine Behavior Health Care Education. **Private Practice.** She has developed a Trauma Certificate Program and also provided training to psychiatric residents. **She has used action methods to teach effective practice skills;** **Donnell Miller, PhD, MA, MDiv, TEP;** Director, Philadelphia Psychodrama Institute; **Director, Beacon Reminders, Redlands, CA;** Author "Couples Minus One," and other works.

Families are the first places roles are defined and learned in life. The family as community extends these roles to all other areas of life. Participants will share examples from their own experience of the messages and roles they received in their families. Vignettes and psychodrama will explore these issues. Didactic discussion will follow sharing.

**58 THE DRAMA - AND COMEDY! - OF GETTING OLDER**

**Robb Hutter, MFA;** Artistic Director, Philly Senior Stage, a theatre whose mission is to bring the thrill of theatre performance to senior adults. **He has designed and conducted theatre courses leading to establishing twenty-five residential theatre companies in retirement communities in the greater Philadelphia region.** **He is formerly director of the Full Circle Theatre Intergenerational Theatre program at Temple University where he developed "Socio-Improvisation", a theatrical modality that combines Sociodrama and Comedy Improvisation - used as a vehicle to help audiences develop awareness of social issues and group concerns.**

Botox, here. Tummy tuck, there. How well are we aging? Are we embracing it - or not wishing to be facing it? Join Philly Senior Stage and witness the theatricality of this raucous troupe of eighty-year old (plus!) actors who will present scenarios from their scripted repertoire depicting the joys and challenges of getting old. Their program of humor and pathos will inspire and warm up the members of the "audience" to explore their own aging process through sociodramatic play and improvisation. These octogenarian performers will demonstrate that it's never too late to climb up and take their rightful place on the stage - even if they need a walker to help them get there!

**59 SPONTANEITY REVISITED OR RESEARCH AT LAST!**

**CANCELLED**

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**59A** 12 STEPS TO PSYCHODRAMA, SUBSTANCE ABUSE AND ACOA

**Robert Corrado; Executive Director, Interline EAP & Director, Interline School of Addictions; Facilitator of Psychodrama at Interline and Long Island Center; Teaching Addictions and Experiential methods for over 15 years.**

This workshop will use the 12 steps as an aid to treating substance abusers and family members. We will also explore its uses on the ACOA and codependent client. We will journey through, I can't, she/he or they will. So let them. We will apply inventory and sharing, followed by self reflection and releasing of harmful energy. This will help us form a list that fosters forgiveness and takes responsibility. We will have arrived at the spiritual closure phase, leading to a higher understanding of the recovery process. Experiential!

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**60** CONNECTING WITHIN THE EMERGING GENERATION

**Suzie Jary, MSW, LCSW, CP, PAT; Suzie has a broad range of experience from career counseling and coaching to addictions, co-dependency and mental health; She has worked with creative and performing artists and has a background as a professional dancer performing on Broadway; Mary Catherine Molpus, LMSW, MA; Working in the bereavement field; Works in the mental health field with bereavement and addiction issues. She is currently pursuing her CP credential with John Rasberry, TEP, as her primary trainer.**

If you want to meet others of your age group, (35 and under), who are interested in action methods, attend this workshop. Participants will have the opportunity to cultivate and expand connections within the peer group. Using sociometric and psychodramatic techniques we will harness the collective resources of the group and build a support system that can help attendees better serve diverse client communities.

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**61** ENVISION YOUR JOB SEARCH!

**Jo'el Roth, MS; Jo'el has been a substance abuse trainer for the military, leading workshops on base and on military ships while underway. She has published a creativity workbook, and has many magazine articles to her name.**

The purpose of this workshop is to prepare veterans in recovery for their job search process through building their creative sense of self and encouraging hopeful confidence in the future. They are encouraged to connect on a deep level with their abilities to deal with life's changing conditions while maintaining their sobriety. Based on the framework of Joseph Campbell's paradigm of past, present and future, Moreno's Sociodrama, and Keith Johnstone's Improvisation games, this experiential workshop is a sampler of the major group activity components currently used in a four week Job Club curriculum at Veterans Village San Diego, as well as Naval Medical Center San Diego.

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**62** CREATION THEORY, SOCIATRY & PSYCHOTHERAPY

**Hector Sabelli, MD, PhD; Psychiatrist, hypnotherapist and psychodramatist. Edward Schreiber, EdM, MSM, LADC, CD, TEP; D.D. candidate; Director, the Zerka T. Moreno Foundation, a not for profit Foundation dedicated to advancing sociatry.**

This workshop will present the empirical evidence and practical application of Moreno's theory of creation. Published studies demonstrate Moreno's hypotheses: spontaneous action, co-creative opposites, and evolution from physical and biological to social and psychological processes. This evolutionary sequence underlies the role of SOCIATRY in psychotherapy and education, and will be illustrated regarding age, sex, nation and class.

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**63** INTEGRATING ACTION METHODS INTO SUPERVISION

**Sari Skolnik, LCSW, PAT, CGP; Runs psychodrama groups and action oriented supervision groups, Nassau County Coalition Against Domestic Violence; Staff, Psychodrama & Creative Arts Institution of NYC where she provides workshops; Adjunct Professor, CW Post's Master of Social Work program and is a candidate for a PhD in social welfare policy at Yeshiva University; Pamela Brodlieb, MS Ed, LCSW; Director, Field Education, Student Recruitment & Marketing for the Social Department at Long Island University-C.W. Post Campus.**

The knowledge, insights, and experience gained from utilizing psychodrama techniques have implications for professional development. When supervisees express having difficulty with a client and are unable to express in words what is going on, the supervisor can ask them to "show me". This presentation will focus on how to utilize psychodramatic techniques to enhance supervision.

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**64** BURUNDI TO BOGOTA: HEALING COMMUNITIES AFTER WAR

**Cecilia Yocum, PhD, PAT; PhD in psychology from Ohio State University and over 35 years of experience as a mental health professional. She has been active with Friends Peace Teams nationally and internationally and has been involved with Alternatives to Violence Project for many years in Florida prisons.**

The workshop will present the Healing and Rebuilding Our Communities model that has been used in Burundi, Rwanda, and Kenya and has been adapted for Colombia to help communities that have been traumatized by war and other forms of violence. Participants in this session will learn action methods through demonstration and experience that can be adapted to individual and group work, including use of the Empty Chair, Concentric Circles, Spectrograms, a Healing Ritual using sculpting and the River of Life.

## 2:30 pm - 5:00 pm AFTERNOON WORKSHOPS

### 65 A GRAIL REUNION: COLLECTIVE HEALING THROUGH MYTH

**MaryCatherine Burgess, PhD, MSc, MHR, MA, LMHP, CPC, PAT;** MaryCatherine weaves her training in action methods, shamanism, human relations, counseling, Celtic Studies, and religious studies into her current work as University Associate Chaplain.

Drawing upon the Grail myths, participants in this workshop will join in a reunion of Grail travelers who have returned to Camelot for respite, camaraderie, and a mutual sharing of new personal and collective insights, knowledge, and challenges they have encountered on their quest to heal themselves and the world. Sociometry, warm-up, action, sharing, and processing of psychodramatic and sociodramatic components will be included.

### 66 HARVESTING HEALING ENERGY IN THE FAMILY EGO MASS

**Melinda Coker, PsyD, LMFT, CAP, PAT;** Melinda works with college students, Florida Atlantic University, Boca Raton, FL, using experiential techniques to promote healing from family trauma; A graduate educator and clinical supervisor for new therapists; **Estelle Fineberg, LCSW, LMFT, LMT, BCD, PAT;** Private Practice, Ft. Lauderdale, FL; Estelle integrates a Mind-Body-Spirit approach in all her work with individuals, couples and groups. Her current professional interests include personal empowerment, life's turning points, resilience, creating connections.

This workshop is a chance to meet the family ego mass (FEM), which is the emotional oneness coming from a merging of undifferentiated egos of our family. [Note: the FEM can be healthy & unhealthy.] As we are introduced to our FEM, it's crucial to feel grounded in our own bodies, tuning into this healing space and energy. Participants will dialog with their FEMs and recognize the impact of the FEM in their daily lives.

### 67 THE DYNAMIC DUO: ATTUNEMENT ENERGY WORK & PSYCHODRAMA

**Margo Fallon, PhD;** Psychologist in Private Practice, BSE in Theatre; Specialty in Expressive Arts Therapies; Director, Artful Innovations; **Colleen Nilson, Advanced Attunement Practitioner.**

Within our diversity is our commonality. We are more than particles, we are a wave of energy. Life situations can cause disharmony in our energy patterns, which affect our physical and emotional health. Combining the techniques of Attunement and Psychodrama, individuals will be learning and experiencing in tandem, techniques that resolve issues at the root of their disharmony with self or other.

### 68 KEYS TO HAPPINESS: LOVE, GRATITUDE, FORGIVENESS

**Antonina Garcia, EdD, LCSW, RDT/BCT, TEP;** Co-Author with Pat Sternberg, *Sociodrama: Who's in Your Shoes?* 2nd ed; Private

Practice; Recipient, ASGPP J. L. Moreno Lifetime Achievement Award, Scholar Award, and on board award; **Dee Buchanan PhD, LICSW, CAP, TEP;** Private Practice; An internationally noted trainer, author, and consultant; **Fredrick, ASGPP J. L. Moreno**

**CLOSED**

Lifetime Achievement Award, Collaborator's Award, Hannah B. Weiner Award, Neil Passariello AIDS Service Award and the President's Award.

Loving ourselves and others as we truly are brings ineffable happiness. A life filled with gratitude, appreciation and thankfulness is a life filled with joy. Forgiving ourselves is often more difficult than forgiving others, yet necessary if we are to embrace an abiding happiness. This didactic/experiential workshop will explore concrete methods to assist clients in bringing greater happiness to their world..

### 69 RECIPROCAL ROLES: PSYCHODRAMA AND OTHER CAREERS

**Steven Gordon, JD;** Lawyer and psychodrama student who has given lots of thought to how psychodrama theory may be used in multiple settings; **Kimberly Thayer Cox, MA, NCC, NPO;** National Professional Organizer; Kim dreams of "de-cluttering" our society, and believes her skills as an organizer and a psychodramatist will both help achieve this dream and make the world a little better.

Many psychodramatists pursue psychodrama after being successful in other careers. In this workshop, we will explore experientially how people with a variety of professional backgrounds integrate psychodrama into their personal and professional lives. Further, we will explore in action how the psychodrama community can integrate the enormous resources that professionals trained in other disciplines, including law, education, organizational development and medicine bring to our community.

### 70 THE ART OF MESS

**Heidi Landis, RDT, LCAT, CGP, PAT;** Program Manager, Creative Alternatives of New York; She runs groups with populations including refugees, at risk-youth and clients on the autistic spectrum.

Are you a stacker, a closet shover, or a neat freak? This experiential workshop will explore how we handle our own messes as well as the messes that our clients often present in group and individual work. Learn to turn what might be deemed garbage, into art and spontaneity. Utilizing drama therapy techniques, psychodrama and encounters with genuine mess, explore the relationships between structure and chaos, organization and disorganization, fluidity and concretized boundaries.

### 71 PSYCHE + DRAMA = SPIRIT IN ACTION: WHAT'S IN OUR NAME

**Natalie Miller, MA, LPC;** Psychotherapist; Private Practice, Santa Fe, NM; She specializes in the application of Psychodramatic methods to her work, and is a lifelong student of Greek Mythology.

The discipline of Psychodrama is drawn from Greek terms meaning Spirit/Soul and Action. These concepts are universal but their meaning and expression vary widely across cultures. How do we apply these archetypes to the divergent populations we serve? Utilizing sociodramatic enactment this workshop will explore the concepts we call Spontaneity, Creativity, Role Theory, and Resilience as they have evolved from their original mythic sources, and their vital role in our cultural conserve today. Come prepared for an encounter with the gods!

## 72 EIGHT BRANCHES OF WELLNESS

**Jack Shupe, ND, LAc, TEP, FASGPP; Two Lakes Psychodrama Training, Soulenacting Five Element Therapeutics.**

Eight Branches of Wellness is designed to help the healers of different disciplines continue on the journey of personal and professional health. It will be presented in brief didactic followed by enactment and ending with discussion. You can learn where, when, and how to do your own personal work while maintaining your professional appropriateness and enthusiasm for the services provided for your clients.

## 73 ADDICTION: A LOVE AFFAIR

**Judy Swallow, MA, CRS, LCAT, TEP; Co-Director, Hudson Valley Psychodrama Institute; A Rubenfeld Synergy practitioner and teacher; A Psychodramatic Bodywork graduate; Has studied Rhythmic Integration for 8 years; She also loves doing Playback!**

People often have an intense and intimate relationship with substances or behaviors that start out pleasurably and then become possessive and demanding. Exploring this love/hate relationship in action can be very engaging to groups of people who are dealing with addiction and who are defended against anti-drug didactic. This workshop will illustrate sociometric and psychodramatic structures that will help you shine the light of relationship on the subject of addiction.

## 74 GCBT MODEL: INTEGRATING CBT/PSYCHODRAMA TECHNIQUES

**Thomas Treadwell, EdD, TEP; Professor of Psychology, West Chester University; Recipient, ASGPP Hannah B. Weiner Award; Clinical Associate, Department of Psychiatry, Center for Cognitive Therapy, University of Pennsylvania, Philadelphia, PA.**

The GCBT model promotes dynamic group interaction, experiential participation, opportunities for catharsis, and basic group psychotherapeutic techniques. The integration of Cognitive Behavioral Therapy techniques allied to psychodrama provides a balance between exploration of emotionally laden situations and a concrete, data-based, problem-solving approach.

## 75 CHILDWORK/CHILDPLAY

**Rebecca Walters, MS, LCAT, LMHC, TEP; Co-Director, Hudson Valley Psychodrama Institute, New Paltz, NY since 1989; Director, Child/Adolescent Psychodrama Services at Four Winds Psychiatric Hospital, Katonah, NY.**

Psychodrama and its related fields of sociodrama, creative dramatics and playback can facilitate the healing of wounded children. The focus of this workshop will be on group work with children, ages eight through twelve, who are victims of abandonment, abuse, trauma and domestic violence. This workshop offers specific action structures that help children tell stories, safely express strong feelings, and develop new roles.

*This is a 2010 Award Winners Workshop*

## 5:30 pm - 7:00 pm EVENING WORKSHOPS

## 76 THOSE NOT LIKE US

**Susan Aaron, BA, RMT; Founder, Psychodramatic Bodywork®; Recipient, ASGPP Innovator's Award; Passionate about anti-oppression work and has worked extensively with Canadian Native communities, LGBT communities and recently psychodramatists in war torn Serbia; Martie Adams, LICSW, CETII, CP, PAT; Martie has lived in a variety of cultures. Her 25 years as a Yankee in the Deep South enriched her understanding of the victim, oppressor, and bystander roles.**

Throughout the world people often meet differences with resistance or rejection from their place of fear. In its worst form this manifests as oppression and violence. Victims, oppressors, and even bystanders are wounded by their roles in this process and find themselves having to disconnect from their hearts and their true humanity. Using psychodrama and bodywork, we will explore the journey of healing these wounds so that we can celebrate our diversity.

## 77 FORGIVENESS AS A PATH TO WHOLENESS

**Carole Frank, MA, LPCC, RN, BSN; Psychotherapist in private practice in Albuquerque, NM; Sue Shaffer, MA, LPCC; Clinical Supervisor and psychotherapist, TeamBuilders Counseling Services in Santa Fe, NM. Both Carole and Sue hold certificates in Psychodrama and Action Methods and have facilitated psychodrama workshops at the local and state level.**

Holding onto painful experiences by blaming others for our feelings or blaming ourselves for situations in our life leads to fragmentation and misery. This blocks us from possibilities of wholeness, health and balance. Forgiveness of self and others frees us from pain, promotes healing and wellness, and provides a prevention plan for relapse. This experiential workshop explores the 5 stages of forgiveness culminating in an experience of integration and reinvestment in one's self and one's recovery.

## 78 CREATING SAFETY IN BRIEF ENCOUNTERS

**Pamela Goffman, MSW, LCSW, PAT; Private Practice, Delray Beach, FL; Pamela comes from a background in teaching theatre and movement. She incorporates philosophies and techniques from these modalities as she works with addictions, trauma and attachment disorders; Paul Lesnik, LCSW, PAT; Private Practice, Lake Worth, FL; Paul is a teacher, therapist and presenter who promotes the expressive therapies as he teaches diversity issues. Recipient, 2008 Neil Passariello Award.**

The concept of a "Role Coach" was created for a single session workshop with bereaved children where safety is paramount. Learn how the Role Coach allows for depth while providing safety and grounding in any single session workshop. Come explore this concept, and perhaps co-create some new tools for a single session workshop!

**79** CHRISTIAN DISCIPLESHIP USING ACTION METHODS

**R. Steve Lowe, Certified Chaplain;** Former In-Service Trainer in Action Methods for San Bernardino County Probation Dept. 39 years of experience with incarcerated youth as a counselor, psychodramatist, and chaplain. Currently Senior Chaplain, Orange County Juvenile Justice Complex; **Sue Palmer, MA;** Addictions Counselor specializing in addiction counseling and family therapy in outpatient settings.

The Christian community's fears of "all things secular" have prevented the use of action methods to improve counseling and discipleship. This workshop uses sociometry for diagnostic purposes and role playing and role training for facilitating Christian growth. A biblical rationale for integrating action methods and Christianity is provided. The principles of this workshop will be helpful to all religious counselors.

**80** WHO'S IN BED WITH YOU? PSYCHODRAMA AND SEX THERAPY

**Julia Moss, PhD, MSW;** Staff Psychologist, University of Massachusetts Mental Health Service, Amherst, MA; A licensed psychologist with over 25 years clinical experience working with individuals and groups; She combines psychodrama with somatic approaches in therapy.

This workshop will focus on how sexual issues can be addressed utilizing psychodramatic interventions. Participants will learn how sexual feelings, behavior and choices can be affected by how "crowded" the bed becomes with familial, political and socio-cultural voices. These voices can impede an individual's ability to live fully as a passionate and sexual being. Method of presentation is experiential, with discussion and didactic components.

**81** BIBLIODRAMA: LESSONS FROM THE BOOK OF RUTH

**Tamar Pelleg, MA, MS;** Psychodrama trainee in the USA and a former Counseling Educator in Israel. Tamar teaches Hebrew at M.J.B. Hebrew Academy, Rockville MD, and at the University of Maryland and Facilitates Bibliodrama in different settings in the DC area.

We will explore through Bibliodrama the story of Ruth the Moabite who embarks upon a journey to start a new life in a Hebrew community in which she is a total stranger. We will learn what facilitates and what detracts from the cultivation of connections between Ruth the Moabite, Boaz the Hebrew and others they encounter. We will aspire to utilize the lessons of Ruth and Boaz to enhance our understanding of encounters with different cultures.

**82** TRANSFORMING AUDIENCE TO HEAL COMMUNITY CONFLICT

**Kippy Phelps, MA;** Adjunct Faculty, Springfield College; Private Practitioner/Consultant in Expressive Arts/ Drama Therapy, Shelburne Falls, MA; Founder/ Director, Speak-OUT Teen Theatre Troupe; She has been directing drama for personal, societal, and environmental change for 26 years. She has taught in and learned from many cultures.

This workshop will explore a variety of improvisational audience-participatory techniques used by the Speak-OUT Teen Theatre Troupe (a group of GLBT and straight teens from rural Western Massachusetts) to promote diversity and transform homophobia. Participants learn ways in which sociodramatic techniques can be intertwined with other dramatic techniques to create dialogue about controversial topics with adolescents and other populations. Didactic material will be illustrated through experiential drama that explores gender identity.

**83** WORKING WITH THE TRICKSTER: AT-RISK TEENS

**David Poleno, LCSW-C, TEP;** Over 30 years of experience as a group facilitator, he implemented and conducts the Action Training model. He uses psychodramatic techniques to teach a variety of different presentations to professional agencies. He has been trained in EMDR and has taught psychodrama in Moscow; **Gary Honehan, LCSW-C;** Employed since 1990 as a therapist, clinical supervisor, and intern

coordinator. He has been working collaboratively with David Poleno conducting Intergroup in a group of adolescents referred largely by the local Department of Juvenile Services.

This workshop will present the Action Methods Model of treating kids from the blended sources from the criminal justice system. This largely experiential workshop uses psychodrama and sociodrama to concretize the issues of rage, high risk behaviors and other forms of acting out that adolescents fall back on when they have no safety net. Participants will be exposed to a model of seeing the systematic dynamics that led to conflicts with authority figures. The workshop focuses on skills to cope with explosive anger to be able to confront, in a safe environment, the ghosts of the past (model group), which are the actual sources of pain.

**84** HEALING FOR HEALERS

**Sandra Smith, LCADC, CSW;** Sandra has been working in the field of Mental Health Treatment and Addictions since 1985. She is presently studying for her CP; **Ron Collier, LCSW, PAT;** Ron supervises Sandra and they co-lead a psychodrama group for the mentally ill. He has extensive psychodrama training.

Have you ever referred roles with a client, student or supervisee without ever checking in to ask "How do I feel?" a need filled with wonderful caregivers how do you care for yourself? What are your needs? This presentation will focus on 1) how to improve and maintain self care, 2) the impact of vicarious trauma and 3) the use of action techniques to encourage self care.

**85** ANOTHER APPROACH TO WORKPLACE DIVERSITY TRAINING

CANCELLED

**86** IMAGO MEETS PSYCHODRAMA

**Daniel Tomasulo, PhD, MFA, TEP;** Trainer; NJCU Faculty; Former Princeton Fellow; Recipient, ASGPP Scholar's and Innovator's Award; Author, *Healing Trauma, and Confessions of a Former Child: A Therapist's Memoirs*.

Couples therapy is outlined in Imago Therapy can be greatly enhanced with the tools of psychodrama. See a demonstration. Then practice the incorporation of these methods into couples work.

8:45 pm - 10:45 pm

**An Evening Cabaret**

Come join us for an evening of song brought to you by NYU drama therapy students and faculty. Relax, laugh, and be entertained with Broadway hits and new songs by Robert Landy. Directed by Nina Garcia.

FREE TO ALL