

FRIDAY April 29, 2011



7:00 am - 7:45 am YOGA
7:30 am - 5:45 pm REGISTRATION & EXHIBITS
8:30 am - 6:00 pm SILENT AUCTION

8:00 am - 9:00 am **OPENING PLENARY - KATE COOK, LPCC, TEP**
CULTIVATING 'BRAIN-SAVVY' APPROACHES TO GROUP PROCESS AND PSYCHODRAMA

KATE COOK, LPCC, TEP is a certified international trainer in Group Process and Action Methods living in Santa Fe, New Mexico where she practices as a therapist, educator and consultant. A core faculty member of Southwestern College graduate school since 1990, Kate founded and directs their certificate program: Interpersonal Neurobiology, Somatics and Action Methods. For many years Kate created and directed groups for juvenile and adult offenders in the Santa Fe County Detention Center.

This presentation will highlight the astounding parallels between the philosophy and methods developed by J. L. Moreno in the early 1900's and recent discoveries in neuroscience. Lending new hope for understanding the possibilities of human development, neuroscience can also revitalize our approach to psychodrama by reconfirming its efficacy as a leading and 'truly therapeutic' method.

6:00 pm **New Members / First Time Attendees Gathering**
8:00 pm - 9:30 pm **AWARDS CEREMONY / DESSERT RECEPTION** - Separate ticket necessary for those not attending the full 3 day conference.
9:30 pm **SONGFEST** - Open Event

9:30 am - 12:30 pm MORNING WORKSHOPS

15 ACTION METHODS FOR EXPLORING SPIRITUAL JOURNEYS

Adam Blatner, MD, TEP; Author, University, Georgetown, TX

In this mainly experiential workshop, participants will discover how techniques for accessing "authentic" and related dimensions can help give voice to subtle feelings and attitudes related to the way spirituality operates in our lives. Guided and small group exercises, structured dialogue, and encounter will show participants some new ways for fostering insight and self-discovery.

CLOSED

16 EMBODIED SPONTANEITY: PSYCHODRAMATIC DANCE THERAPY

Kim Burden, LCMHC, BC-DMT, RDT/BCT; Private Practice, Antioch University New England

This workshop presents an approach for integrating psychodrama, dance/movement therapy, embodied somatic therapy and heart-centered spirituality to provide individuals and groups access to safety and depth in action oriented therapy. Participants will learn, and practice using, specific structures the presenter has developed and discuss ways to translate this practice within their own work.

17 WARM-UPS: IT SHOULDN'T HAVE TO TAKE A CROWBAR!

Rhona Case, MEd, TEP; Private Practice; Janell Adair, MA, LPC, TEP; Licensed Professional Counselor, Philadelphia, PA

Moreno taught that group cohesiveness and productivity could be increased and resistance reduced through adequate warm-up. In this workshop participants will experience a variety of our favorite warm-up exercises that can enhance spontaneity and creativity. Our warm-ups are playful, projective, and use various media.

18 OUR OWN WORST ENEMY? THE DYNAMICS OF CATTINESS

Valerie Monti Holland, MA; Sheffield Hallam University, Sheffield, UK, Private Practice

In the continuing struggle to achieve equal status in the world, women have been known to fall into the trap of treating each other cruelly or with disrespect. We will use a sociodramatic approach to map out the range of women's societal roles, examine the dynamics of their interpersonal relationships and test healthy responses to nasty behaviour. Men and women are welcome. The workshop will introduce participants to the principles and practice of sociodrama.

19 THE HERO'S JOURNEY WITH CO-OCCURRING DISORDERS

Deb Karner, MSW, LSW; David Moran, CAC, LCSW, PAT; Director of Crozer Chester Medical Center Substance Abuse Programs

Experience a sociodrama that will concretize the Heroic Journey of someone with addiction and mental illness. Moving from the Ordinary World of reactivity, pathology and limited choice into a New World of strength based spontaneity and purposeful choice, The Journey will include a therapeutic Mentor and magic shop exercise to support and strengthen the Hero's resilience before entering the Inner Cave to face a current Ordeal.

20 A DIALOGUE ABOUT SOUL THROUGH ACTION AND IMAGE

Ning-Sing Kung, BMC, MEd, TEP; Bergen County Board of Social Services, NJ

The purpose of this workshop is to open a dialogue between psychodrama and depth psychology. C. G. Jung points out that soul speaks in images. By using artistic methods, yoga, and psychodrama, we help the participants to deepen their self-understanding and share their inner world.

21 CREATIVITY AT WORK WITH ADDICTIONS AND EATING DISORDERS

Carolyn Newsome, MA, LPC, LMFT; Remuda Ranch Programs for Eating and Anxiety Disorders; Marlo Archer, PhD; Down to Earth Enterprises

This workshop presents psychodramatic exercises designed for use with groups or individuals when addressing addiction to alcohol, drugs or eating disorder behaviors. Participants will gain a deeper understanding of how to use action methods to assist people in any stage of addiction. The workshop will include demonstrations of and opportunities to participate in check-ins, warm-ups, sculpts, empty chair, locograms & spectograms.

22 THE USE OF PSYCHODRAMATIC METHODS IN THE LEGAL PROFESSION

Jim Nugent, JD, CP; Chairman, Litigation Section, Connecticut Bar Association; Jude Basile, JD; President, Trial Lawyers College, Dubois WY; Louise Lipman, CGP, LCSW, TEP; Director of Psychodrama & Creative Arts Therapy, NYC; Trial Lawyers Consultant; Private Practice, NYC

This workshop demonstrates how the Trial Lawyer's College (TLC) incorporates psychodrama into its teachings to train lawyers and judges to obtain justice for all individuals regardless of social or economic status. The facilitators will show how to use Psychodramatic tools (re-enactments, soliloquy, doubling, role reversal, chair backs, mirror) to discover the client's story in preparation for trial, and will include a demonstration of an Opening Statement, Direct and Cross Examinations, and a Closing Argument.

23 COMING HOME: LOVING, LAUGHING, LIVING IN THE MOMENT

Antonina Garcia, EdD, LCSW, TEP; Adjunct Prof. New York University, NY; Dale Buchanan, PhD, LICSW, TEP; Private Practice

When we come home to our authentic selves and experience others as they truly are - rather than as we wish they could be - love, laughter and joy emerge. Living heartfully in the present is a precious gift that opens us to joy, wonder and love.

24 AWAKENING TO OUR INNER WORLD OF POWER

David Poleno, LCSW-C, TEP; Carroll County Youth Services Bureau; Andrea L. Bowman, MSHM, CST, MST; Orion Wellness

Awakening our inner landscape empowers us to find wisdom and ideals we want to activate in order to manifest our vision in the world. This highly psychodramatic/experiential journey will highlight places of contradiction and conflict in our reality, find obsolete messages and evoke coherence between thoughts, feelings and actions.

25 MAKING HOPE A REALITY: COMPETENCY BASED PSYCHODRAMA

John Rasberry, MEd, LMFT, TEP; Mid South Center For Psychodrama & Sociometry, Tupelo, MS

Competency based psychodrama proposes that protagonists should not be directed to revisit a traumatic experience without the skills necessary to prevent re-traumatization. This workshop will help the practitioner develop an understanding of this concept and how to put it into action.

This is a 2011 Award Winners Workshop

**1:00 pm - 2:30 pm
90-MINUTE WORKSHOPS**

26 ROOTS AND WINGS: THE TAO OF HEALTHY PARENTING

Douglas Bonar, EdS, LMHC; Private Practice; A Center for Wellness, Pinellas Park, FL

Through lecture and enactment, participants learn about parenting the self and others via a holistic model informed by science and spirituality. The model encompasses personal development and healing family of origin wounds. Participants learn the yin and yang of roots (connection) and wings (power), and how this understanding applies to health as wholeness and holiness.

27 HOPE IN THE PRESENT - ACTION AS THE PATH TO CHANGE

Veronica Bowlan, MSW, LSW, PAT; Faculty Drexel University College of Medicine, PA; Private Practice

Hope is a concept that shapes human experience and includes experiences from the past, present, and looking toward the future. This presentation will include both didactic and experiential parts as well as a protagonist centered drama to explore these themes. Action methods will be discussed and demonstrated to help create the path to the place of change.

28 AUGMENTING OUR CAPACITY FOR SOCIOMETRIC CHOICES

Melinda A. Lawless Coker, PsyD, CAP, PAT; Florida Atlantic University; Phylis Koss, LCSW, MSW; Miami, FL

This workshop explores how the use of specific sociometric measures facilitates "the how" of relationship building. While remembering the quintessential need to be grounded in the here-and-now, we will examine participants' possible futures based on sociometric thinking. The concept of "family ego mass" will be introduced as an influential tool to help make connections.

29 LEAP OF FAITH-SURVIVING MID-LIFE CAREER CHANGE

Ron Collier, MSW, LCSW, PAT

Job changes in mid or late career may lead to greater personal fulfillment. This workshop is designed to help participants reach the right balance between vision, courage and practical considerations while pursuing their career passions. It will incorporate the use of action techniques in helping us achieve a "soft landing" when contemplating and pursuing this major life change.

30 ENVIA! A ONE-WOMAN SHOW

Kelly Hunt Dumar, MEd, CP; Fellow, ASGPP; Playwright

In this performance of an original play, we experience the creative evolution of ENVIA!, an aspiring actor, in a series of hilarious and poignant episodes from her life. Conjuring humor, improvisation, and theatrical magic, ENVIA! inspires her audience to embrace creativity, spontaneity and imagination as forces for change and growth in their own lives. Tonya Quillen, TEP, will facilitate a post-show exploration with Playwright/Psychodramatist Kelly DuMar, illustrating the psychodramatic origin of the play's themes.

31 USING THE EMPTY CHAIR TECHNIQUE

Harvey Heckes, MSW, LCSW, CP; Florida Gulf Coast University

This experiential and didactic workshop will focus on the use of the empty chair as a tool to help bridge the past with present reality. Participants can engage in vignettes that concretize the technique and provide opportunities for personal exploration.

32 PANEL: PSYCHODRAMA AND DRAMA THERAPY: A CONTINUED DIALOGUE BETWEEN RIVALS OR PARTNERS?

Saphira Linden, MA, LCAT, PAT; OmegaTranspersonal Drama Therapy Certificate Program, Lesley University; PANEL- Heidi Landis RDT, LCAT, PAT; Tian Dayton, PhD, TEP; Kate Hudgins, PhD, TEP; Dan Wiener, PhD, RDT-BCT

This panel will explore the feasibility of working more closely together to build a unified field. Participants will learn specific steps to enhance cooperation and support between ASGPP and NADT.

33 Wii FM: THE KEY TO UNLOCKING THE CHANGE MODEL

Jennifer Salimbene, LCSW, COAC, CP; Director Lexington Center for Recovery, Dutchess County Programs Visions Counseling; Regina Sewell, PhD, MEd, PC; Mount St. Mary College, Visions Counseling

"Wii FM. What's in it for me?" helps participants explore the change model in action. Assisting clients to identify the stage of change they're in and locate their own motivation for change provides clarity about the next step they need to take. The stages of change model is useful in addictions treatment and also has relevance with everyday changes.

34 WRITING TO PUBLISH IN THE JOURNAL OR POPULAR PRESS

Dan Tomasulo, PhD, MFA, TEP; Faculty, New Jersey City University
Principles involved in preparing a manuscript for publication in our journal, or the popular press (column, blog, or book proposal) will be presented. Participants may bring an outline of their idea and a one page (250 words) sample that they may be asked to read as part of the workshop. You will learn how to move from idea, to outline, editing, and publication. Strategies for organizing your writing activity and craft will be offered.

35 APPLICATIONS OF NEUROSCIENCE IN PSYCHODRAMA

Jeff Thompson, MEd, RCC, PAT; Paradise Valley Wellness Center, Vancouver, BC

Participants will learn: 1) numerous ways psychodrama is supported by neuroscience, 2) how to communicate the neuroscience of psychodrama experientially, and 3) specific neuroscience-informed practices that can be integrated into traditional psychodramatic methods.

36 THE POWER OF THE SELF CHOSEN PATH

Robert Waldi, MA, PhD; A Lecturer of the APG; Private Practice

With the concept of the living encounter, J.L. Moreno refers to the duality of man in which one can only be(come) oneself through being with others. The living encounter joins the single existence to others, creating a co-existence. Moreno's role theory relates to man's freedom and his ability to choose encounter and relationship over freedom. Moreno enriched psychotherapy with an existential dimension, and existential philosophy with a social dimension.

**2:45 pm - 5:45 pm
AFTERNOON WORKSHOPS**

37 BUSINESS UPSWING: GROUP COACHING FOR LEADERS

Andrea Barrett, Dip COT (IRE); ICF, ANZPA, ASGPP

In this workshop we will explore Group Coaching as an exciting new approach to business and organizational development. An overview of Group Coaching and a demonstration, discussion, and experiencing of its methodology will be offered. Action methods lend themselves to Group Coaching in a synergistic way. Participants will be facilitated to consider the inclusion of this methodology in their business or practice.

38 ADRIFT IN SHAME

Donna Chantler, RN, TCPS, TEP; Toronto Center for Psychodrama, Private Practice; Karin Wargel, OCSW, RSSW, TCPS; Ontario, Canada
Shame can empower or disempower; nourish or destroy. Toxic shame can be triggered unconsciously causing us to abandon the self, drift into disowning who we are, and engage in debilitating self-judgment. Anchors that hold us in despair can be changed as we re-experience the past with corrective resources. This workshop focuses on learning to create, change, collapse, stack, test, and chain anchors together to empower self and others to move into healthier ways of being.

39 THE ALCHEMY OF RESILIENCY

Carol Frank, MA, LPCC, BSN; Private Practice, Albuquerque, NM; Faculty Member Southwestern College, Sante Fe, NM; Sue Shaffer, MA, LPCC; Assistant Clinical Director TeamBuilders Counseling Services; Co-Facilitator Psychodrama Partners NM

Moreno believed that therapy should have no less a goal than to heal all of humankind. Expanding this tenet to include the earth, we will explore through psychodrama the nature of resiliency and how, by healing ourselves, we heal the heart of the earth. Through your own alchemical process, join us in experiencing resiliency as a bridge for global and personal healing. Embody new possibilities for yourself, your communities and the planet.

40 ADDICTION AND FAMILIES: A SYSTEMS PERSPECTIVE

Jacob Gershoni, LCSW, CGP, TEP; Co-Director, The Psychodrama Training Institute New York, NY

This workshop will examine various roles family members play in maintaining an addict's behavior, and stalling or preventing recovery while outwardly attempting to help the addict. We will address factors that perpetuate addictions from a systems theory perspective, emphasizing the destructive impact on the family. Corrective work will be demonstrated.

41 LAW & ETHICS IN ACTION

Sylvia Israel, RDT/BCT, MFT, TEP; Founder/Director, IMAGINE! Center for Creativity & Healing; Founder, Bay Area Playback Theater; Adjunct Faculty, California Institute of Integral Studies; Elizabeth Plummer, PhD, PAT; Founder/Director, Santa Barbara Psychodrama Center; Adjunct Faculty, Antioch University; Private Practice, Santa Barbara, CA

What does ethical behavior mean to you? How do you make decisions when the law is unclear? What are the subtleties of ethical behavior and the personal values we bring to the ethical decision-making process? In this workshop we will bring ethical and legal dilemmas to life through action methods drawn from psychodrama and sociodrama. Using ritual, we will honor the moral and ethical complexities of our work.

42 THE PSYCHODRAMA OF HOPE

Carole Oliver, MEd, LPC, TEP; Private Practice, Montclair, NJ & New York City, NY

Erich Fromm says, "To hope means to be ready at every moment for that which is not yet born." This workshop will explore our own beliefs about Hope and ways it determines how we move into action. Be ready to look at your belief systems. Be ready to learn how to incorporate spontaneity, sociometry and positive thinking into a formula that spreads hope for us and our world.

43 MINDFULNESS IN ACTION VIA SOCIODRAMA AND MUSIC

Anna Schaum, LPC, CP; Private Practice, Portland, OR; Jacqueline Fowler, MA; Marylhurst University, Portland, OR

We will bring Dr. Daniel Siegel's "Wheel of Awareness" mindfulness model to life through experiential practice, sociometry, sociodrama, and music. Participants will learn: 1) scientific findings supporting how meditative practices may benefit both individual wellbeing and interpersonal relationships, 2) a simple yet powerful mindful awareness practice which can be easily taught, and 3) ways to bring mindfulness practice into action.

44 WHAT THE BODY KNOWS

Judy Swallow, LCAT, CMS, TEP; Playback Theatre (IPTN), Rubenfeld Synergy Method (INARS); Joanne Gaffney, RN, LICSW, CRS; Rubenfeld Synergy Inc.

This workshop will combine three body/mind psychotherapy modalities: Rubenfeld Synergy, Psychodrama and Internal Family Systems. Rubenfeld Synergy is a dynamic method of accessing somatic messages held in our bodies. Internal Family Systems recognizes different parts of the self by recognizing the needs of each and allowing them to converse with each other. Both RSM and ISF interface well with Psychodrama to help clients expand their choices through somatic expression and concretizing parts of self and exploring their interactions.

45 HOW TO HAVE A GOOD GOODBYE

Rebecca Walters, LCAT, LMHC, TEP; Hudson Valley Psychodrama Institute; Four Winds Hospital

Leavings happen all the time but are rarely addressed in an effective manner. As a result people are left with incomplete closure. This workshop addresses the six aspects of effective closure as applied to personal and professional relationships. In this didactic and experiential workshop you will learn psychodramatic ways to provide action closures for groups ranging from onetime weekend workshops through intensive, long term, ongoing training and/or therapy groups.

46 THE NEXT STEP: INTRO TO PSYCHODRAMA

Bill Wysong, MA, LPC, TEP; Aspen Counseling Center; Private Practice; Joann Wysong, MA

Want to learn more about this wonderful process? Then this is your next step. This training provides a solid foundation for individuals with little or no experience in psychodrama. We will present basic concepts in action followed by didactic and discussion. Participants will have the opportunity to try roles as director, double, and auxiliary and to work on personal issues.

47 TEACHING DOUBLING THROUGH LISTENING IN FOURS

Cecilia Yocum, PhD, PAT; Private Practice, Tampa, FL

Participants will learn to use exercises to teach doubling to psychodrama trainees and participants. They will practice directing an exercise called "listening in fours" where participants listen for and double facts, feelings, values and beliefs. Methods will include short didactic, demonstration, experiential and discussion.

6:00 pm

New Members / First Time Attendees Gathering

If you are a new member of ASGPP or a first time attendee of an ASGPP conference, come meet other new members, mingle with representatives from our Executive Council and our local chapters. Find out about our organization and get to know the community.

8:00 pm - 9:30 pm

Awards Ceremony Dessert Reception

Join us for an elegant dessert reception and entertaining evening as we honor those who have made outstanding contributions to our community, and acknowledge our newly Certified Practitioners and Trainers.

Ticket required. (Ticket is included in 3 day conference package – extra tickets may be purchased on registration page.)

9:30 pm (Following the Awards Ceremony)

SONGFEST

Come join Lorelei Goldman and Adam Blatner for an ASGPP tradition. Bring your voice and enthusiasm.

No singing experience required. Song sheets and good cheer will be provided.

OPEN EVENT

