



PSYCHODRAMA NETWORK NEWS

AMERICAN SOCIETY OF GROUP PSYCHOTHERAPY AND PSYCHODRAMA

FALL 2012



From the ASGPP President

Dave Moran, CAC, CCDP, LCSW, TEP

For Free and for FUN

Welcome to PNN, and a special welcome to new members. This article will focus on a 5-year plan that has been considered and accepted by the last 2 Executive Committees and Councils. My hope as President is to enact YOUR agenda. First let me update you on Executive Council actions and "warm ups". The Website will be up and running by the time you read this. We are negotiating with hotels for 2014. Come to the 2013 Conference at the Crystal City Marriott to hear the announcement for the 2014 Conference location! The Executive Council is working on a revised Operations Manual. The 2013 Conference is coming together, acceptance letters have gone out to presenters. The Journal came out in early fall but we expect to be on time in the future. The Journal Committee has articles and is working on next spring's publication. Please keep sending in articles.

Next, let's discuss the ongoing 5-year plan. We are attempting to expand our "Intellectual Property" Psychodrama in a number of venues: via institutes, universities, training workshops, CEU provider ship, on line courses and research. We are working toward establishing Psychodrama as an Approved

(Continued on Page 10)



ASGPP ANNUAL CONFERENCE 2013

Psychodrama: Being, Seeing and Acting That Connects Our Global Community

April 11 - 15, 2013

Crystal Gateway Marriott
Arlington, VA

(only minutes from Washington, DC via subway)

PSYCHODRAMA IS ALIVE AND WELL, THRIVING THROUGH A GLOBAL NETWORK mirroring Moreno's vision of "all of mankind." Since the late 1990's, the center of gravity of Psychodrama has shifted from the United States to Europe and South America, with substantial communities growing in Turkey, Taiwan and Israel. This year's conference emphasizes global unity and invites you to meet and learn from colleagues from around the world. Facilitators from 10 different countries — Brazil, Israel, Turkey, UK, Estonia, Switzerland, Lithuania, Germany, Bangladesh, and China — will offer workshops. Their presentations offer varied perspectives, encourage creativity and express emerging and developing trends and usages in different countries. ***The whole is really greater than the sum of its parts:*** much is to be gained from sharing knowledge and applications of Psychodramatic and Sociometric Processes and Philosophies.

This year's conference offers 8 Pre-conference workshops with exciting leaders in the field and 6 Post-conference workshops including an Action-Ethics workshop to meet licensing requirements for most mental health professionals. There will be over 100 workshops offered over Friday, Saturday, and Sunday facilitated by Certified Practitioners and Top Trainers in the field of Psychodrama, Sociometry and Group Psychotherapy. Expressive Arts Therapists are coming from the worlds of Drama Therapy, Art Therapy, and Music Therapy. We have workshops about Addiction, Nonclinical psychodrama, Body Work, Trauma, Couples and Families, and many that integrate Psychodrama with another field such as Internal Family Systems or Mindfulness. The location, just minutes away from our nation's capital, allows for a rich and historical extended visit on either end of the ASGPP Conference Program.

Our keynote speaker, Dr. Tara Brach, PhD, founder and Senior Teacher of the Insight Meditation Community of Washington, co-founder and guiding teacher of the Meditation Teacher Training Institute, uses meditation practices to promote emotional healing and spiritual awakening. Her keynote address "TRUE REFUGE - AWAKENING FROM THE TRANCE OF SEPARATION AND UNWORTHINESS" will draw upon her most recent book, *True Refuge - Finding Peace and Freedom in Your Own Awakened Heart*. Her keynote will be expanded in a Saturday morning three hour workshop and a Saturday afternoon workshop, by Jacquie Siroka and Jaye Moyers that integrates and applies Dr. Brach's work in the area of Psychodrama. Together

(Continued on Page 10)

INSIDE THIS ISSUE:

From The Editor.....	Page 2	Action Board.....	Page 5	Networking Opportunities...	Page 8
Become a CEU Provider	Page 2	Message from Zerka.....	Page 5	Welcome New Members	Page 8
This is Your Council.....	Page 3	Building Wider Networks	Page 6	2012 Conf. Evaluations...	Page 9
PD Must Do Research	Page 4	2012 IAGP Conference...	Page 6		

Psychodrama Network News

Fall 2012

Published three times a year by the American Society of Group Psychotherapy and Psychodrama, 301 N. Harrison St., Suite 508, Princeton, NJ.

PNN articles may be copied for personal use, but proper credit to PNN must appear on all copies made. This permission does not apply to reproduction for advertising, promotion, resale or other commercial purposes.

Psychodrama Network News is ASGPP's primary means of communication with its members about association and member activities and developments in professional practice. It carries statements of opinion by a variety of spokespersons and members and, as space permits, letters to the editor. The views expressed here do not necessarily represent positions of ASGPP. It is designed to inform, inspire and connect our members in their professional roles and personal lives.

Editor: Carole Oliver
Design Editor: Patricia Phelps

Contributing Editors and Writers:

2013 Conference Co-Chairs: Nancy Kirsner
Jacob Gershoni & Jeff LiCalzi
Adam Blatner Lorelei Goldman Erica Hollander
Dave Moran Zerka Moreno Catherine Nugent
Carole Oliver Damiya Whitaker

ASGPP President: Dave Moran
Executive Director: Jennifer Reis
Manager of Special Projects: Debbie Ayers

Advertising information and member address changes:
ASGPP
301 N. Harrison St., Suite 508, Princeton, NJ 08540
(609) 737-8500 (phone) (609) 737-8510 (fax)
Office hours are: Monday - Friday 9am - 3pm EST
asgpp@asgpp.org www.asgpp.org

Executive Director, American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy:
Dale Richard Buchanan, Box 15572,
Washington, DC 20003-0572, (202) 483-0514,
abepsychodrama@yahoo.com
www.psychodramacertification.org

Send press releases, letters to editor and other news to the ASGPP: asgpp@asgpp.org
Please put "PNN Copy" in the Subject

Publication deadline:

WINTER: Dec. 1 for publication Feb. 21
SPRING/SUMMER: May 30 for publication July 30
FALL: Sept. 1 for publication Nov. 1

Refer to our Advertising Policy on our website: www.asgpp.org

— Networking —



According to Webster, networking is the exchange of information or services among individuals, groups, or institutions; specifically, the cultivation of productive relationships for employment or business. It's about making connections and who is better at understanding connections than psychodramatists? We use sociometry to diagnose and create connections. Yet networking to build a practice is difficult for many psychodramatists and psychotherapists, especially if you are by nature an introvert. According to the Meyers Briggs definition; introverts get their energy from within while extroverts get their energy from people, places, and things. Either way, networking can be awkward, trying, and disappointing. Let's face it, we need to network to build and keep up our practices, whether it is training, psychotherapy or both. Some experts say that it's important to have a niche, a specialty or specific clinical issue...you might specialize in ACOA's, or EMDR, or sex addiction, etc. It helps to speak and lecture wherever you can. You can do it per gratis or ask for a fee. Usually, volunteering your services gets a better response. When you present yourself as an expert in a certain field, it creates respect. And people get to see you as yourself. If you get chosen because you are yourself, there is a high likelihood that the connection will last. It's important, if you have a website, to have a picture of yourself. People connect to faces. Joining groups in the same or similar fields is another way to get known and stay known. Staying active in your own organizations is important, as is joining associations in related fields like EMDR, dance and music therapy, drama therapy, and education. You can find many more related fields by surfing the internet. Most importantly, when you network, have the Zen approach. "If this connection is meant to be, it will." People sense when someone is trying too hard. And for all you introverts out there, check out the website yesandyes.org and search networking for introverts.

Carole Oliver, PNN Editor

BECOME A CEU PROVIDER THROUGH THE ASGPP'S PROVIDERSHIP PROGRAM

— SIGN UP NOW FOR 2013! Good for 1 year —



2013
CEU PROVIDER

The ASGPP is an Approved Continuing Education Provider for the following professional organizations:

- The National Association of Alcohol and Drug Abuse Counselors
- The National Board of Certified Counselors
- The National Registry of Certified Group Psychotherapists

As a CEU Provider, all the training workshops, groups or courses you offer throughout the year are approved for Continuing Education Credits.

Save time and costs. Enrollment in the ASGPP CEU Program eliminates the expensive and time-consuming process of applying for providership with these certifying groups as an individual trainer, or re-applying each time a workshop is offered.

You can heighten the visibility and relevance of psychodrama. Raising awareness of your work exposes new groups to the power and importance of psychodrama and spreads knowledge about the work and philosophy.

Requirements to become a CEU Provider:

- Be a TEP or PAT
- Be a current ASGPP member
- Have a current valid license or certificate in your discipline
- Conduct training-focused groups, workshops or courses

Fees: \$100/year for first provider number, \$75 for each additional provider number (for all three the fee is \$250)

If you have any questions about this program please contact the ASGPP office at 609-737-8500 or email us at: asgpp@asgpp.org

THIS IS YOUR COUNCIL

AWARDS COMMITTEE

When our President, Dave Moran, called me to ask me if I would be the Awards Committee Chairwoman, I happily accepted. The committee was in need of an additional member. I wanted to include a new Fellow, and Suzie Jary graciously agreed to join Lorelei Goldman, Elaine Sachnoff, Elaine Camerota and me on the Committee. This year, the Committee did not vote on Fellows, but rather, the Executive Council will be taking on that responsibility, as that is what is stated in the ASGPP By-Laws. We did, however, have a wealth of nominees for the 2013 ASGPP Awards, and after a spirited discussion, the Awards Committee has made our recommendations to the ASGPP Council for their vote.

If you know of someone in our Society who deserves an award, then please, please, please nominate him/her for 2014.

Jean Campbell, Awards Committee Chair

EVALUATION COMMITTEE

Following a successful term of service as Committee Chair of the Evaluation Committee, Cathy Nugent passes the torch to Marlo Archer, who will serve as Committee Chair. Seasoned members Rebecca Walters and Nancy Kirsner will support Marlo in this new role, and Cathy Nugent will also provide assistance as needed. Also tentatively accepting nomination to this committee is Lori Feingold. Thanks are due to Cathy Nugent and Damiya Whitaker who developed a variety of protocols and templates that can be used going forward. We welcome volunteers who would like to join us as well as suggestions to improve the Conference Evaluation process. Contact: Marlo.Archer@AzPsychodrama.com or 602-456-1889.

Marlo Archer, Evaluation Committee Chair

INTERNATIONAL COMMITTEE

There have been many good interactions between ASGPP members and international psychodramatists. Most of these have been reported in the PNN. Most recently, The XVII International Congress of Group Psychotherapy and Group Processes, "Between Worlds and Cultures: Social Transformation", was held July 16th - July 21st, 2012 in Cartagena Colombia. Five American TEPS were presenters: Lorelei Goldman, Elaine Sachnoff, Dena Baumgartner, Jacob Gershoni and Jeanne Burger. These presenters also attended the meeting of the psychodrama section of IAGP chaired by Maurizio Gasseau of Italy. At the meeting of the General Assembly of the IAGP, the president, Jorge Burmeister gave a report of IAGP's achievements since the last meeting which was held in Rome, August, 2009. He welcomed the new IAGP president, David Guttman of France. The next IAGP congress will be held in 2015.

- "Sense of We-Ness. Sociodrama and Sociatry in a Responsible World" will be held in Iseo, Italy, Sept 4-8, 2013.
- The first international congress of the IAGP Psychodrama Section will be held in conjunction with the British Psychodrama Association in London, England from August 28 to September 2, 2014.

We continue to work toward extending awareness and communication about psychodrama ideas and activities between ASGPP and other countries of the world. We invite anyone who is interested to join this committee and we request your input. We encourage you to write about your international experiences for the PNN. We need all of your participation for good international networking.

Jeanne Burger & Jacob Gershoni, International Committee

NOMINATIONS COMMITTEE

The nomination committee has worked hard to create a slate of nominees that is representative of the membership and provides choice for each available position. If you are interested in being nominated for future positions, please contact the ASGPP office to indicate your interest. We are grateful to all of the nominees who graciously agreed to run for a position this year. Please offer them your thanks when you see them. Election Ballots with this year's nominees will be sent out Dec. 1st and the deadline to vote is Dec. 31st.

Linda Condon, Nominations Committee Chair

WEBSITE COMMITTEE

If a picture is worth a thousand words, a website should be worth a million. And we have a new website! Check it out!

The committee – Heidi Landis, Kim Cox, Patty Phelps, Jen Reis and myself – worked hard to get this site up. We are especially indebted to Patty Phelps for her hours and hours and hours of work and her keen artistic eye.

Regina Sewell, Website Committee Chair

The ASGPP has a number of committees working on various issues that affect the society. Most committees have an ASGPP executive council member who serves as chair person. ASGPP committee membership is open to all ASGPP members. For more information on a specific committee, or to join a committee, please check out "Membership / Committees" on our website: www.asgpp.org.

ASGPP

Psychodramatists Must Do Research

by Erica Hollander, PhD, JD, TEP



This column is an invitation to get involved in doing research and writing on behalf of Psychodrama, Sociometry or Group Psychotherapy.

Take the time to think for a moment about what you would most like others to know about the good that Psychodrama, Sociometry and Group Psychotherapy can do and have done in your experience. Think, too, about what questions you yourself may have about which populations the methods serve best or how to use the methods most effectively. What kinds of evidence could you amass to demonstrate that these practices make a positive difference in people's lives? What can you do to collect such proof? What kinds of records might you keep and analyze to provide convincing evidence to those who are unfamiliar with the work?

Do you work with a special population? Do you have ways of working that you would share? Are you using psychodrama with children? With depressed patients? To treat addictions? To work with eating disorders? To deal with phobias or anxiety? What successful practices do you employ? How do you use sociometry to work with groups? What do you observe of physiological effects of interventions? Are you doing organizational consulting? Do you have ways of working that you are willing to teach? What are some of the most frequent challenges to this kind of work? How can these be responded to with evidence?

These kinds of questions are part of the stuff that our research listserv online considers. If you want to get some feedback and others' ideas, please join us. List members are interested in discussing plans for future research designs and in collaborating on projects. You do not have to do this alone. Send me an email saying you want to be on the listserv at ericahollander@comcast.net. ASGPP is also for the first time beginning to help fund a small amount of research that is directed at making these proofs. If you want to apply for such support, there is an application form and process. Members are sharing ideas, instruments, means of approach, and I hope will ultimately collaborate on publications.

Psychodramatists, sociometrists, and group psychotherapists can do more to collect and publish evidence that

their methods work for social good. The tradition with which Moreno began calls for respecting the scientific method, and for publishing, but somehow we have gotten far from doing so in our practice over the years. It is time to get back to work on demonstrating that what we do is worthwhile and makes a difference. For one thing, we live in a world that demands evidence-based practice for reimbursement. For another, we simply ought to be able to show that we make a difference in outcomes if we don't want to be outmoded and left behind. Yet again, if we do not use our methods to good effect, we ought to know that, too, and perhaps find out why or on what populations we do have clear and demonstrable positive effects.

Clearly, Moreno believed in showing that his methods worked. Then why are we distracted from doing the same? One reason is that research and publishing takes time and energy distinct from clinical practices which are themselves demanding. Another has been a false sense that psychodrama is somehow not based in science or is too holistic for science or is not amenable to disciplined study. Arguments are made that even to try to analyze psychodrama is doomed to failure and reductionist – that the human being is just too complex to be treated adequately by science. Under this formulation, creativity and spontaneity are antithetical to research study. Some like to view their work as art transcending science. But if not evidence-based practice, then what? Faith-based practice? Fantasy-based practice? Imagination-based practice? Speculation-based practice? In truth and in fact, it is not unreasonable for reimbursement and credibility to depend on proof that methods work.

Anti-research views have held way too long in our community. In a world where all health care costs are suspect, we will not be respected or reimbursed for what we do unless we can demonstrate with hard evidence that what we do is worthwhile. Nor should we be. We ought not cry "foul" but instead to turn our creativity to providing the sound factual basis for employing and paying for our work.

Please seriously consider sharing what you know and how you do it. The need for research and writing to keep the expertise you have developed growing and flourishing is real, and the organization is committed to supporting your efforts via the listserv and is making modest funding available for sound projects. We want to offer presentations at conferences as well. Let us know if you want to be in on the conversation about how to go forward with this project.

Erica Hollander, PhD, JD, TEP
ericahollander@comcast.net

ACTION BOARD

* **Karen Drucker, Psy-D, TEP** and **Rebecca M. Ridge, PhD, TEP**, both Integrative Body-Mind therapists, presented a workshop on *Embracing the Future: Putting Social Engagement Theories into Action* at the US Body Psychotherapy Conference in Boulder, CO on August 10th.

* **Catherine D. Nugent, LCPC, TEP**, gave an action method workshop titled, *Spirituality as a Resource for Mental Health and Wellness*, at the Maryland Association of Social Workers on September 28th. Cathy is also teaching an *Introduction to Psychodrama* course at Johns Hopkins University in the Clinical Mental Health Counseling program.

* Souldrama, founded by **Connie Miller, TEP**, went to Jakarta on July 30 lecturing and demonstrating to faculty of the Dept. of Psychology at the University of Indonesia. They had over 62 attendees. Connie and her volunteers then did a 5 day workshop in the mountains of Jakarta teaching and training the faculty. Some of the faculty returned to learn more from last year. On Aug 7, they did a 2 day workshop in Central Java in Salitiga to the Psychology Department at Salitiga Waycana Christian University.

* **Adam Blatner, MD, TEP**, presented at the international conference of the Applied Improvisation Network in San Francisco on September 22 about Moreno's place in the history of improvisation; and also was featured in an interview about psychodrama on the international online newsmagazine, *Medscape*. In late June, Adam was a keynote workshop presenter at the British Psychodrama Association's annual meeting in Cirencester.

* **Grayce L. Gusmano, LMFT, LPC** and **Marlo Archer, PhD, CP, PAT** gave an introduction to psychodrama to Ottawa University counseling graduate students in Phoenix, AZ. Marlo also offered a 15-hour workshop to CP hopefuls, entitled, "Sociometry Blitz," in addition to providing staff training in psychodrama to the multidisciplinary clinicians of Doorways Counseling and Psychiatric Services for Adolescents and Young Adults in Phoenix.

* **Alton Barbour, TEP**, a senior psychodramatist who pioneered the method in the region of Colorado (and is the recipient of the 2007 J.L. Moreno award), had a stroke a while back and is alert but moderately aphasic – he can't speak in terms of words. He donated his library to the ASGPP. If anyone would like to send him a card or email, his address is: 3851 S. Hillcrest Dr., Denver, CO 80237-1107 or email c/o jackie@indra.com

A Message from Zerka



Dear Everyone,

You have not heard from me for some time, but it seemed a good moment to connect, especially because there is some news about developments in the world. For instance, academically, our work is having a good deal of attention.

In Buenos Aires, where Dr. Monica Zuretti teaches at the university in the department of psychology, there has long been a psychodrama Master's program, but now there is a Doctoral one. So far two of her students are registered there.

Dr. Zuretti attended our training in that city in 1968 as a young psychiatrist. Moreno was impressed by her intense interest and offered her a scholarship in Beacon for six months. She accepted, came and left her two young sons in the loving care of her mother, who supported her. After returning home Monica completely changed her professional life, treating her clients by psychodrama and sociometry as she had learned, and later began to teach at that university. She now heads that department specialized in these methods. One can only surmise how many people, from physicians to other professionals have since then been active in Moreno's spirit.

She specializes in taking groups of clients to Patagonia

where the whales congregate; they watch them quietly, without speech, and the whales approach and make eye contact. Besides the fact that these wonderful beings make the humans aware how much we are part of the cosmos, the whales know exactly which person needs their attention, coming closer and making it clear they understand that person, by some movement. One time a whale stood up vertically in front of a woman, with the tail supporting her entire body. The woman cried and in the subsequent session, was protagonist. She had, in fact, barely participated until then in the group sessions, as she was too depressed.

On another level, there are Master's tracks in a number of universities abroad. Why not in our country?

Brazil has recently announced that there are five thousand psychodrama specialists in that country. Not all of those are therapists; the methods are practiced in practically all types of groups, in education, administration, commercial enterprises, government, etc.

In Sao Paulo, the mayor, a student of psychodrama, some years ago allowed the psychodrama practitioners to go in the streets for a day, where they interacted with the citizens, who seemed to enjoy their encounters.

We need more of that kind of impromptu encounters everywhere, challenging as they may be.

Moreno would surely honor his students for their creativity, courage and spontaneity. And oh, how this country is in need of all of them.

Building Wider Networks

by Adam Blatner, MD, TEP



Moreno never wanted his methods and theories to be used only for psychotherapy, but rather "for all mankind," as he stated in the opening line of his magnum opus, *Who Shall Survive* (1953). Indeed, Moreno's methods have been used in the schools, the courts, in business, etc. However, good ideas may arise quite apart from the pioneer's efforts. They are ideas

whose time has come. Thus, others in the fields of theatre arts and education have also realized that learning-by-doing is more effective than book-learning.

As with the field of genealogy, it's fun to locate our professional relations: Drama therapy has repeatedly acknowledged its debt to Moreno. Drama therapy in turn has evolved many sub-types and extensions of those approaches beyond the medical model.

Theatre games, warm-ups, and spontaneity training in general has roots in many fields: Boal originated a number of games, as did Viola Spolin for creative drama classes, and so forth. There are now scores of books on various experiential exercises for many different contexts.

The training sessions for Augusto Boal's Theatre of the Oppressed and some of the training for Playback Theatre also suggest ways we can interact and cross-fertilize with other approaches.

The field of education also deserves attention. Moreno wrote about this and a major anthology edited by Robert Haas was published in 1950. The related complex of methods that might be designated process drama in education has been growing since the 1940s and with a boost in the 1970s – especially in England, Canada, and Australia – the work of Richard Courtney, Dorothy Heathcote, and others (Weltsek, 2007). (This is an approach quite apart from teaching kids to put on plays – product-oriented drama, not process-oriented.) There are professional associations such as the International Association for Drama in Education (IDEA) or other Theatre-in-Education associations, or invite people with experiences in both arenas to present at our conferences.

Role playing in business and industry was pioneered also by Moreno, Raymond Corsini and others. With the input of Viola Spolin's "theatre games" and Keith Johnstone's "Improv" approaches, improvisational drama has also moved laterally into business. In late September, 2012, I presented a talk about Moreno's pioneering and demonstrated a few of his techniques at a conference of the "Applied Improvisation Network."

Bibliodrama was pioneered most prominently by Peter Pitzele, who integrated Moreno's ideas, but it has arisen also in Europe and continues to integrate other approaches

- and be applied beyond religious training. Any text can be examined in depth, exploring not only what happened, but what did not happen, what was thought but not said.

The field of Live Action Role Play (LARP) extended the table game of Dungeons and Dragons into enactment. More recently, especially in Scandinavia, this approach has evolved so that LARP is being used as another type of process drama in education.

Other types of therapy also use some elements related to Moreno's methods and theories, such as Richard Schwartz' Internal Family Systems Therapy, Perls' Gestalt Therapy, Satir's Family Therapy, and others. So here too is an opportunity to network.

The more general fields of promoting community health and social action has been addressed with extensions of sociodrama, and Ron Wiener and others in England have recently published an anthology about all this.

In summary, let's be more sharply aware that there are many related endeavors. We can attend their conferences and spread the word about Morenian methods. These may be presented as ways to extend or intensify their approaches, and in turn cross-fertilize our field with some of their good ideas. Others might join some of their computer listserves or other social media. There are many ways that you may broaden our networking.

2012 IAGP Conference

by Lorelei Goldman, TEP

The IAGP Conference "Between Worlds and Cultures," sponsored by the International Association of Group Psychotherapy and Group Process, founded by Dr. J. L. Moreno, was held July 16 -July 23 in Cartagena, Colombia. The pre-congress took place in the old city of Cartagena in a convent. Many of the nuns attended the congress. The IAGP promotes cross-fertilization of disciplines, theories, methodologies and cultures who want to work into small medium and large group processes in the areas of clinical, organizational and socio-political settings.

Over 800 participants were in attendance with the majority of people coming from Italy. Forty two countries were represented. The new head of the Psychodrama Section of the IAGP is Yacoov Naor from Israel.

There were six of us from the USA including Semi Ariam, Dena Baumgartner, PhD, TEP, Jacob Gershoni, LCSW, CGP, TEP, Jeanne Burger, LPC, LMFT, TEP, Lorelei J. Goldman, MA, TEP and Elaine Ades Sachnoff, PhD, TEP.

The workshop I offered on July 18th with a group was entitled, "Reminiscence and Repair". Doing a classical psychodrama in two hours worked and the protagonist's theme was that of being seen and heard in her primary family.



Mid-South Center for Psychodrama and Sociometry

PROFESSIONAL DEVELOPMENT INSTITUTE

NOVEMBER 2 - 4

Role Reversal in Every Milieu — *Chicago, IL*

DECEMBER 8 - 9

THE HEART HAS NO EYES -
Use of Surplus Reality in Psychotherapy — *Tupelo, MS*

JANUARY 12 - 13, 2013

Intro to Psychodrama and Sociometry — *Tupelo, MS*

FEBRUARY 1 - 3, 2013

Personal Growth Intensive — *Tupelo, MS*

NBCC approved ceu's

John Rasberry, MEd, LMFT, TEP

602 Jefferson, Tupelo, MS 38804
662-841-0881 • midsouthcenter@comcast.net
www.johnrasberry.com

Selected 2012-13 Training Workshops

(visit our website www.tcps.on.ca
for details and for additional
training workshops)



- **One-Day Workshop** Nov. 17, 2012
(Toronto, Ontario) – **Barbara Guest MSW TEP**
Conflict Resolution
- **One-Day Workshop** Feb. 9, 2013
(Toronto, Ontario) – **Donna Little MSW TEP**
Using Psychodrama with Individuals
- **One-Day Workshop** April 6, 2013
(Barrie, Ontario) – **Donna Chantler RN MEd TEP**
Closure (Saying Goodbye)
- **Non-Residential Weekend** May 10-12, 2013
(Ontario venue TBA) – **Barbara Guest MSW TEP**
Caught in the Dance: Transactional Analysis
meets Psychodrama

Toronto Centre for Psychodrama & Sociometry
registration@tcps.on.ca • www.tcps.on.ca • (416) 724-3358

Susan Aaron Workshops PSYCHODRAMATIC BODYWORK®



*Professional Training
Workshops offered
throughout the U.S., the U.K.
and Canada.*

INFORMATION AND REGISTRATION:

Susan Aaron: 416-699-3211, aaron@youremotions.com
www.youremotions.com

PSYCHODRAMA

& Creative Arts Therapy Institute, NYC

Weekend Psychodrama Training Program

2012: November 16-18

2013: January 4-6; March 1-3; May 3-5

*

Saturday Workshops

2012: Nov. 17, Dec. 1

2013: Jan. 5, Feb. 2, March 2, April 6, May 4, June 1

*

Director's Weekends

2013: February 15-17; June 28-30

*

18TH Annual Summer Residential

August 8-12, Boughton Place, NY

*

- Weekly Psychodrama Training & Therapy Groups
- Individual, Group Supervision & Consulting
- Literature Review & Exam Prep Course
- Trial Consultant

Director

Louise Lipman, LCSW, CGP, TEP

Director of Bilingual Psychodrama Services

Roberto Cancel, MA, LMSW, TEP

Drama Therapy Liaison

Heidi Landis, MFA, RDT, LCAT, PAT

Dance / Movement Therapy Liaison

Linden H. Moogen, MS, ADTR, LCAT, NCC

PATS on Staff:

Heidi Landis, MFA, RDT, LCAT, PAT

Sari Skolnik, LCSW, PAT

For Information and Additional Offerings, Contact:

Louise Lipman, LCSW, CGP, TEP

1133 Broadway Suite 1227

New York, NY 10010

lipmannyc1@aol.com

917-698-2663

Approved CEU provider for: NAADAC, NBCC,
National Registry of Group Psychotherapy

CONFERENCES AND NETWORKING OPPORTUNITIES



EACH OF THESE CONFERENCES IS A DOORWAY TO EXPANDED POSSIBILITIES FOR PSYCHODRAMATISTS.

November 2 - 5

"Witnesses to the Dark: the Absence, Emergence and Performance of Trauma." 33rd Annual National Association of Drama Therapists (NADT) Conference.

New Haven, Connecticut.

Contact: www.nadt.org/events/2012-annual-conference.html

November 8 - 11

3rd Annual Expressive Therapies Summit.

New York, NY. Contact: www.expressivetherapiessummit.com

January 24 - 27, 2013

Australian and Aotearoa New Zealand Psychodrama Association (AANZPA) Conference 2013.

Contact: <http://anzpa.org/conference/2013>

February 25 - March 2, 2013

"Overcoming Obstacles: The Power of the Group" American Group Psychotherapy Association (AGPA) 2013 Annual Meeting. New Orleans, Louisiana. Contact: www.groupsinc.org

March 14 - 17, 2013

"Expressive Arts in the Winds of Change" 10th International Conference of the International Expressive Arts Therapy Association (IEATA).

DoubleTree Hotel, Berkeley, CA. Contact: www.ieata.org

March 21 - 24, 2013

"What's New Under the Sun? Innovative Approaches to Treatment" International Association of Eating Disorder Professionals (IAEDP) Symposium 2013. The Westin Lake Las Vegas Resort and Spa, Henderson, Nevada.

Contact: <http://iaedp.com>

April 11 - 15, 2013

"Psychodrama: Being, Seeing and Acting That Connects Our Global Community" ASGPP Annual Conference. Crystal Gateway Marriott, Arlington, VA. Contact www.ASGPP.org

April 12 - 15, 2013

National Association for Poetry Therapy's 2013 Conference. Genacle Conference and Retreat Center, Chicago, IL. Contact: www.poetrytherapy.org

May 9 - 11, 2013

"Expanding Horizons" Canadian Association for Music Therapy (CAMT) 2013 Conference.

Saskatoon, SK. Contact: <http://musictherapy.ca>

Check the Forum on the ASGPP website, www.asgpp.org, for a list of Conferences and Calls for Proposals.

Welcome to our New ASGPP Members

The following are new members who have joined us in April through mid-September. Welcome!

Alan Dubner • Baljit Kaur • Basil Vareldzis • Brian Meister
Daniela Simmons • Denise Richardson • Diane Austin
Howard Seeman • Jeff Chapdelaine • Jill Sawers
Jill Temkin • Joshua Lee • Junichi Tanii • Kailey Nykai
Karen Burton • Lisa Miller • Richard Grachek • Rickey Bates
Robert Melton • Stacie Smith • Stephen Pogust
Suzanne Kerzner • Theresa Ratti • Thomas Luttrell
Vivian Good • Wendy Neal • Zulema Suarez

WHO SHALL SURVIVE? by J.L. Moreno

An online edition of *Who Shall Survive?*, 2nd Edition, 1953, by J.L. Moreno, M.D. is available on the ASGPP website in the library: www.asgpp.org

Check out the other books and articles available in our library.

Ce-Classes.com

Need CEU's Now?



**UNLIMITED ONLINE CEUS
ONLY \$137 FOR 1 YEAR
Or buy individual courses**

**Over 150 Courses to Choose From
Fast – Easy – Affordable**

**Visit us at Ce-Classes.com
Or Call (954) 290-8446**

2012 Conference Evaluation Yields Positive Results and Suggested Guidelines for Future Workshops

by Damiya Whitaker & Catherine D. Nugent

The 2012 Conference, *We Are One: Trust, Risk, Expand Through Psychodrama*, brought 338 individuals to Jersey City, NJ for the five-day conference and related events. The Conference offered 15 pre- and post-conference training institutes, 71 training workshops, an opening plenary session, a keynote address, a business/membership meeting, an awards ceremony, morning warm-up activities, networking and social events, and a closing ceremony.

Using the data collected from hard copy and electronic evaluation surveys, the conference evaluation committee examined the 2012 conference programming for quality, satisfaction, and the degree to which the sessions match participant interests. This year's conference attendees reported feeling welcomed and comfortable (with a mean rating of 4.6 on a five-point scale) and indicated they regarded the programming as both satisfying and interesting (with a mean rating of 4.3 and 4.5 respectively). The registration process was rated as smooth and easy (with a mean rating of 4.6).

This year, the conference featured a new sociometric process for workshop selection during the Friday morning session. This process was generally well-received by conference attendees, (with mean ratings for satisfaction and organization of 4.3 and 4.5 respectively). Although there was no clear consensus on the evaluation forms, a number of respondents suggested the process be piloted again for one workshop at the next conference.

In addition to the numerical ratings, the conference evaluation forms also elicited participants' comments on topics for inclusion in future conferences. Although there were many recommendations, only a few

received more than one mention. Several respondents suggested workshops on using psychodrama and sociodrama in non-clinical settings (e.g. education, coaching, business), a few respondents suggested sessions on the relationship between neuroscience and psychodrama, and a few suggested workshops on psychodrama and Buddhism.

Lastly, when evaluating the elements of the workshops that correlated with higher ratings across workshops, key themes that emerged were the following:

- consistency between workshop description and workshop design;
- personal characteristics of the workshop leader(s);
- balance of didactic and experiential components in the workshop;
- organization, focus and clarity;
- material portability to one's "back home" setting;
- leader's ability to create a safe environment; and
- provision of handouts and reference materials.

Workshop presenters are encouraged to consider the above elements when designing and delivering their conference workshops in the future since these are the components that participants particularly value and appreciate.

2013 CALENDAR



Action Institute of California
Using Action to Effect Change

**Psychodramatic Bodywork®
Workshops/Trainings**

Introduction – Jan 18-20, Costa Mesa, CA
Intermediate – March 1-3, Apex, NC

**PAT Intensive:
Taking on the Role and Mastering It**

February 21-25
Pacific Palisades, CA

CORE Psychodrama Training Group

2 Meetings Per Year for 2 Years
Feb 16-19; Sept 21-24
(2014 dates TBD at first meeting)
San Diego, CA

Director's Weekends

July 19-21; November 8-10
Costa Mesa, CA

**California Ongoing Psychodrama
Training Groups for Professionals**

Costa Mesa, CA – Jan 26-27; March 9-10;
June 8-9; Sept 7-8; Dec 7-8
San Diego, CA – Feb 16-17; June 1-2;
Oct 19-20; Dec 14-15

CP and TEP Exam Preparation Classes
Monthly Via Skype

CEU's for California MFT/LCSW (PCE #3645),
LPC, CAADAC, CAS, CET and Psychodrama

Jean M. Campbell, LCSW, CET III, TEP
Founder and Director
310-909-9780 / actioninstitute@mac.com
www.theactioninstitute.com

9

President's Column

(Continued from Page 1)

Evidence Based Practice by SAMHSA. Doing so will allow us to reach the Universities, be a sought after CEU provider and become an Institution of training and workshops supported by grants, agencies and agency clinicians.

Erica Hollander and Nancy Kirsner have started a scholarship fund for research. Erica has an article in this issue of PNN on the Research Committee and its work. Please get involved. You can contact Erica by email ericahollander@comcast.net. I am asking for your help, time and energy to prove the efficacy of Psychodrama, Sociometry and Group Psychotherapy.

Research requires a Hypothesis be proven. It asks you 'how do I know what I know'? Can I antagonize you here? How do we know PSYCHODRAMA works? Am I hurting you? Frustrating you? Infuriating you? Are you getting 'warmed up'? Good! Show me; for that is what I am hearing from funders, providers and administrators. Show me the SAMHSA approval that psychodrama is Evidence Based. I did not antagonize you to hurt or offend but to ask you to take up this cause and help prove the efficacy of our 'intellectual property' PSYCHODRAMA. You are all invited to play a role in proving the value of the method.

A conversation I had recently with Dale Buchanan, one of our elders, and long term Executive Director of the American Board of Examiners, urged the importance of demonstrating an evidence based practice which was announced ten years ago. Not just Evidence Based but SAMHSA Approved Evidence Based. Please join Erica, Nancy and each other in coming up with ways to measure our work and our results. We need people to step into the service of research to allow us to meet the criteria set up by SAMHSA to become an evidence-based practice. The Affordable Care ACT of 2012 will require Evidence Based Practice.

I would like to reinforce the request for service with a story I like. An old time AA guy Chuck C. wrote a book called *A New Pair of Glasses* saying heaven is just a new pair of glasses, achieved by applying principles of AA (recovery) to all aspects of life. He wanted to help "all of God's children get what they wanted in life"... "for free and for fun". ASGPP needs more active volunteers from membership. JL Moreno asked his clients to "tell me what you would like to accomplish and tell me how I can help you achieve it". I ask you the same thing. Remember your version of heaven just might be found in service to this organization!

Thank you for your attention.

Yours in Service ...for free and for fun
Dave

2013 Conference

(Continued from Page 1)

these workshops offer a full day of mindfulness experiences building on each other.

Dr. Adam Blatner and Allee Blatner will be our Plenary speakers Friday morning. Our long time unofficial ASGPP International Ambassador, Adam will highlight unique developments in other countries, the people creating them, and how our global connections can inform and expand all of our psychodramatic experiences. Can we join minds, hearts, and arms as we extend and enrich Psychodrama in the 21st Century?

Immediately following the Plenary address, we will continue our Friday morning Community Sociometric Selection process led by Mario Cossa. We will select from 11 different Friday morning options, IN VIVO! Each workshop leader will give a one minute info-commercial on their workshop so attendees can see, hear, and teleically select their morning workshops.

We will have a Saturday Night Event - featuring an International Connection with Facilitators from the represented countries - sharing themselves, their creativity and their work. This will continue into an evening of music, dance, and food from around the globe.

Of course, we will continue our well loved traditions of Silent Auction and Basket cases but stay tuned for a few new twists! Look for our Exhibitor's and Vendor's areas. They are wonderful and helpful resources for supplies, activities, and ideas. New and exciting vendors will be onboard this year.

SO, mark your calendar for April 11-15, 2013 in Arlington, Virginia. YOU'RE INVITED to Connect with Our Global Community as we share and enrich each others' worlds.

ASGPP CONFERENCE Co Chairs for 2013
Nancy Kirsner, Jacob Gershoni, Jeff LiCalzi

Scholarship Donations Welcome

Please consider a donation to this year's scholarship fund to help underwrite the cost of an individual to attend the conference that might not necessarily be able to due to financial constraints.

Anything you can offer from \$1 to ? is eagerly sought!

Thank you for helping us to reach out!

Your name will be listed in the Awards Program and Conference Guide.

Please send donations to the National Office:

American Society of Group Psychotherapy &
Psychodrama

301 N. Harrison Street, Suite 508, Princeton, NJ 08540
(609) 737-8500, asgpp@ASGPP.org



**Arizona
Psychodrama
INSTITUTE**

TRAININGS OFFERED:

Ongoing Training Group

1st & 3rd Fridays - 1.30 pm - 4.30 pm

January 21, 2013 – **Basics of Psychodrama** - 6.5 hours

March, 2013 – **Spring Training Training**

Combine Psychodrama Training with watching Arizona's Cactus League Baseball Spring Training!

May 3-5, 2013 – **Sociometry Blitz** - 18 hours

ASGPP-Approved CEU Provider

Arizona Psychodrama Institute
602-456-1889 • www.AzPsychodrama.com



**Psychodrama
Training
Institute
New York, NY**

*a Division of the
Sociometric Institute
since 1968*

Weekend Training Program

Nan Nally-Seif, LCSW, TEP, Jacob Gershoni, LCSW, TEP,
and Jaye Moyer, LCSW, TEP

2012 — December 7-8

2013 — February 1-2, April 5-6, June 7-8

**Monthly Personal Growth Workshops
and Weekly Groups**

with Nan Nally-Seif, LCSW, TEP & Jacob Gershoni, LCSW, TEP

Nov. 17 & 11, Dec. 15 & 16, Jan. 12 & 13, 2013,

Feb. 15, 16, 17, 20, March 16, 17,

April 20, 21, May 11, 19, June 15, 23

Training credits available

Interpersonal Mindfulness Group

*This six week experiential course integrates meditation,
sociometry, action methods and group process.*

Offered in fall and spring.

Mindful Path to Interpersonal Awareness

(all day workshop) — May 4, 2013

For information: www.Integraltherapy.net

Jacqui Siroka, ACSW, TEP, BCD & Jaye Moyer, LCSWR, TEP



PSYCHODRAMA TRAINING INSTITUTE

19 West 34th Street, Penthouse, New York, NY 10001
www.psychodramanyc.com

Robert Siroka, PhD — Founder

Jacob Gershoni, LCSW, TEP — Co-Director
212-947-7111 ext. 145, jacobg12@gmail.com

Nan Nally-Seif, LCSW, TEP — Co-Director
212-947-7111 ext. 267, nnallyseif@rcn.com

Jacqueline Siroka, LCSW, TEP — Co-founder & Clinical Supervisor

Jaye Moyer, LCSW, TEP — Faculty
212-947-7111 ext. 229, jayemoyer@gmail.com



**South Florida
Center for
Psychodrama**

Action Training & Groupworks

Action Training & Groupworks

Personal Growth and Training Workshops

Learn Psychodrama for individuals, couples, and families

Psychodrama A Deux

Private sessions or small group; skills individualized
to your client and practice setting.

Psychodrama Literature Review and Exam Prep for CP/TEP.
Private or small group. Phone, Skype and I Chat available.

State of Florida Approved Clinical Supervisor

All training hours can be credited toward certification by the American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy. Training programs are approved by the FL Department of Health as a CEU Provider for Licensed Clinical Social Workers, Marriage and Family Therapists and Mental Health Counselors

CONTACT:

Dr Nancy Kirsner, PhD, LMFT, OTR, TEP
(305) 274-8283 • nancykirsner@gmail.com

www.drnancyfla.com



PSYCHODRAMA NETWORK NEWS

AMERICAN SOCIETY OF
GROUP PSYCHOTHERAPY & PSYCHODRAMA
301 N. Harrison Street, Suite 508
Princeton, NJ 08540

Non Profit
US Postage
PAID
Princeton, NJ
Permit No. 380

ASGPP LIFETIME MEMBERS

Martha H. Adams, Shirley A. Barclay,
Sue Barnum, Dena Baumgartner,
Adam Blatner, Dale Richard Buchanan,
Jeanne Burger, G. Couth Calven,
John Cannon, Robert O. Clark,
Mario Cossa, Cathy Deats, Nina Garcia,
Jacob Gershoni, Kay Grimes,
C. Rhode Hardy, Kate Hudgins,
Andrew R. Hughey, Nancy Kirsner,
Stephen F. Kopp, Louise Lipman,
René Marineau, Sue McMunn,
Rosalie Minkin, Zerka Moreno, Andrea
Lowry Offner, Linda Kay Oxford,
Mary Ann Palmer, Herb Propper,
John Rasberry, Rebecca Rucker,
Elaine Ades Sachnoff,
James M. Sacks, Anne Schutzenberger,
Ella Mae Shearon, Gong Shu,
Jaqueline Dubbs Siroka,
Robert Siroka, Guy Taylor, Jan Tras,
Daniel J. Wiener, Marie Welsch,
Natalie Winters, Nick Wolff

HUDSON VALLEY PSYCHODRAMA INSTITUTE

Directors: Judy Swallow, MA, TEP and Rebecca Walters, MS, TEP

**Nov 29-Dec 1 — I Don't Wanna You Can't Make Me:
Action interventions with adolescents,
substance abusers and other reluctant clients**
Highland, NY with Rebecca Walters

Dec 2 — Walk in My Shoes: Working with LGBTQ Youth
with Mark Beauregard

2013 PSYCHODRAMA INTENSIVES

January 24-29 — Winter Psychodrama Intensive
July 4-8 — Summer Psychodrama Intensive
Oct 3-8 — Autumn Psychodrama Intensive

July 31-Aug 4 — Directing Intensive

**2013 Psychodrama Training Core
meets March, May and September: 130 hours**

2013 DIRECTING COHORT JANUARY (AZ), AND JULY (NY)

68 Dubois Road, New Paltz, NY 12561 • 845-255-7502 • hvpi@hvc.rr.com
www.hvpi.net