Greetings to all members.

It is an exciting time to write to you. The first five months of my Presidency have been stimulating and energizing. In July, I attended a workshop led by Zerka Moreno & Jeanne Burger. There were twelve people in attendance all of whom traveled from faraway places to Zerka's home in Charlottesville, Virginia. Zerka in action was incredible to observe. While there I caught the "bug" to build a connection with the international psychodrama community. Therefore, I attended the IAGP Congress in Rome, Italy in late August. For me, the IAGP was an acronym that I knew existed. Now, it is a group of people with individual names, possessing heart, soul and a love for J.L. Moreno and his teachings. I strongly support the importance of ASGPP promoting greater cohesion with IAGP.

The theme of the Congress was Groups in A Time of Conflict. The opening ceremony was moving. On a screen, while the music of John Lennon's "Imagine" was playing, we saw before us a city from each represented country flashing on the screen. There were over 1500 people in attendance from 46 countries. The message that we are healed in groups was truly evident.

I met Dr. Jorge Burmeister, (Spain), the incoming President of IAGP as

(Continued on Page 5)
Letter from the PNN Editor

An Invitation to Dance

I am honored to be asked to be the new PNN editor. I had trepidations at first, not because I did not want to serve, but because I was not sure I could serve well. I am following in the footsteps of experienced editors and being organized is always a challenge for me! However, I know that my creativity is always waiting for a venue. I am eager to co-create the PNN with you. I invite you to share your talents.

Let's use the ASGPP's spontaneity to create new categories, make some changes while still honoring our traditions. Moreno always said that the power of a group could bring spontaneity and creativity to create good. The ASGPP has had a rough year financially. We are struggling to increase our membership, keep conference costs down and serve you, our members. So perhaps the PNN can be a vehicle to build some bridges by adding vitality to our organization. I have added a trivia column and would like a column to hear what your visions are for the ASGPP. Our creative PNN designer, Patty Phelps, suggested we feature psychodramatists that are artists. We can take this even further by featuring psychodramatists that have a special talent. So all you artists, let yourself be known. What talent and/or passion do you have that you love as much as psychodrama? Please tell me. The focus of the PNN is to provide the society with opportunities to network, share news and articles on how to expand the practice and applications of psychodrama, and information about publishing opportunities. Please send me your news, suggestions, conference calendars, and letters with questions for the Executive Council. I know that many of you have had some exciting and creative adventures with psychodrama. You can make a contribution to ASGPP by sending your adventures and new ideas to me. Consider this as your invitation to dance.

Carole Oliver, PNN Editor
caroleolivernj@optonline.net

Students

flowering shrub that many of us have in our gardens, is the national flowering bush of South Korea? Yennie said when she saw the bush in our backyard she felt like she was home. It seems that Koreans have loved the Rose of Sharon for centuries. So nice to bridge connections.

I took my guests to my psychodrama group. The were openly accepted and three out of four became protagonists. They were happy to be with people who listened and respected their feelings. They all reported that seeking help for “mental illness” is shunned in their country and that there is a hunger in South Koreans for a safe place to express their feelings.

I should not be surprised how people are affected by this method, yet I always am. It reaffirms that everyone has a hunger to be heard and understood. After they left me, they continued their travels and visited Rebecca Walters and Jacob Gershoni. They interviewed Jacob’s group about how psychodrama has affected their lives and were able to use it in their reports. They stood on the real Moreno stage at Rebecca Walter’s and interviewed her. I hope we have the opportunity to see them again and to be a part of growing the South Korean psychodrama community.
AWARDS COMMITTEE COMMITTEE

Jack Shupe, Elaine Sachnoff, Elaine Camerota and Mary Bellofatto reviewed the submitted nominations, had a conference call, and made recommendations to the board for possible award recipients. We also discussed and recommended a new award for international contribution. Mary Bellofatto and Jack Shupe plan to present the awards at the conference in Philadelphia.

Jack Shupe, Awards Committee Chair

EVALUATION COMMITTEE

The Evaluation Committee compiled the results of the evaluation forms for the individual workshop sessions and overall conference for the 2009 Conference in St. Louis, MO. A summary of the conference evaluation was provided to Suzie Jary for her to submit to the organizations through which ASGPP provides continuing education units. By using evaluation forms with a copy attached, workshop volunteers were able to get the completed evaluation forms to presenters almost immediately after their sessions. This was a helpful innovation that was appreciated by workshop leaders that the Evaluation Committee plans to continue. The Committee will meet via conference calls in the Fall to begin planning for the 2010 Conference.

Cathy Nugent, Evaluation Committee Chair

PUBLICITY COMMITTEE

The publicity committee is a new committee and was formed to help answer the question, “How do we get the ASGPP known in the world at large?” Although many people have been working hard on this in and on various committees, it seemed important to try to galvanize the forces around the specific issue of being seen and recognized. This committee was formed to help address publicity for the conference but also to take a step beyond, and be able to publicize the organization on a more day to day basis. The beginning objectives are: to begin to find/create dynamic materials that can be distributed to organizations, agencies, schools and individuals that speak to who the ASGPP is; to begin to create a comprehensive list of these organizations etc. that can be available for the conference committee and others; to assist other committees in getting the word out, to reach out to possible new members; and to find the new places in this media day and age where ASGPP can be found by others... i.e. Facebook, twitter, Youtube, and blogs. If you would like to be a part of this new initiative please feel free to contact me at heidilan@aol.com.

Heidi Landis, Publicity Committee Chair

MEMBERSHIP COMMITTEE

The membership committee has developed a system for contacting members who have chosen not to renew their dues, as well as, a system for welcoming new members and thanking renewing members for the support of ASGPP. We are currently setting up a way of connecting with CP’s, PAT’s, and TEP’s who have let their member-

ship dues lapse. If you are interested in joining our committee or have any suggestions for us, please don’t hesitate to contact the National Office.

Linda Condon, Membership Committee Chair

NOMINATIONS COMMITTEE

The ASGPP, along with the Nominating Committee, decided to re-open the Call for Nominations and extend the deadline for submissions in an effort to get more people interested in running for the Executive Council & Committees. We want to thank those that have already committed to run for 2010 openings: Jeanne Burger and Andrea Sheldon for the Executive Council, Mario Cossa for the Nominations Committee and Yaffa Adari Moore for the Professional Standards Committee. Ballots will be sent out December 1st and the deadline to vote is December 30th. Look for your ballot in the mail and please remember to vote. Thank you to all of those that have accepted to run.

Nina Garcia, Nominations Committee Chair

COMMITTEE CHAIRS


BOOKS FOR SALE

Who Shall Survive? Student Edition
J.L. Moreno, Foreword by A. Paul Hare, PhD
Moreno's major exposition on sociometry theory, method, and practice. First published in 1934, this version was prepared by Moreno shortly before his death.

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Psychodrama & Group Psychotherapy: First Volume
J.L. Moreno
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Love Songs to Life
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Dear Colleagues and Friends,

I am happy to inform you that two Brazilian government representatives, Maria Luiza Gava Schmidt and Maria Jose de Andrade Loureiro have created a "preservation wood" within an urban orchard, a Bosque Jacob Levy Moreno in Sao Paulo. It is located near the Joao Dias Bridge on the Pinheiro River. Seedlings of a rare kind of tree were planted on November 23, 2007, accompanied by a celebration workshop under the title "Sociodrama and Health in the Workplace." This honorary undertaking was organized by FUNDACENTRO and UNESP (Universidade Estudial Paulista), and celebrated once again under the same theme on September 11-12, 2008.

Bosque Jacob Levy Moreno is a living monument, which will grow in the future, part of the green movement to help replace the loss of trees, especially in the rain forest.

Sergio Guimaraes, who found them on the web, sent me these descriptive details and Jose Fonseca made the photographs.

I can't think of a more apt symbol for a creative life.

Zerka

Adam Blatner invites you to see additional photos of the Moreno Woods taken by Jose Fonseca. Visit: http://www.blatner.com/adam/pdirec/hist/bosque809/morenobosque.html. We thank Adam for his help.

Students
(Continued from Page 2)

FROM THE STUDENTS:

"I had an amazing experience with Carole Oliver. We will report the experience and share them with the people interested in Psychodrama in South Korea. With this as a momentum, I wish more people can get to know about Psychodrama and be happy. Thanks a lot." — Sol

"It may be me. I remember the moment when some of the members laid their hand on my shoulder. I was thinking to myself 'This could be heaven.' And at the same time, I found the fact that the psychodrama group was very connected. In that sense, I felt very safe there. The atmosphere of Carole’s group reminded me of my sweet home.

I laid my deep dark secret before Carole and the other members. Honestly, I just set out to understand the reason why my parents got divorced and after visiting NJ, here in Korea, the relationship between my father and I is getting better. I really appreciate Psychodrama and Carole Oliver as well." — Hoon

"Before I had psychodrama training, I believed that I could control myself and could fight all troubles. However, when I met Carole, her training session taught me that it is not like that. During the training I was afraid that I had to tell my dark-secrets to others, and also doubted whether they understood me or not. But at the end of the session, I shared my feelings with other people and got to know that they understood me and so I felt comfort.

In South Korea, there is a phrase "there is no such thing as superman." It means that no man can live without help. I agree to this.

It is true that there are many opportunities to participate in psychodrama, but I think I can utilize it in our daily-life. I will listen to other people rather than speaking myself. I'm sure that I realized a lot of things and I will not forget this experience.” — Ponchi

"It was a very inspiring and powerful experience. It was nothing like I anticipated.

I participated in a few psychodramas in South Korea, but none of them really opened me up. However, the experience I felt when participating in Carole’s group was totally different. I felt very comfortable and really connected to the other people in my group, even though it was the first time I met them.

Even though it was a short time, I learned a lot from all the people who welcomed us. I thank them once again for their great kindness and passion to teach us.

One of the nicest memories was when we interviewed a few people who were attending Jacob’s workshop. It was really helpful and it was exciting because it seemed that everyone felt like how we felt about psychodrama.

Everyone seemed to agree about the power of psychodrama and how it helped them. I really think that the only way you can learn psychodrama is to actually do it and feel for yourself.” — Yenee
President’s Column
(Continued from Page 1)

well as Maurizio Gasseau, PhD, (Italy), Chair of the Psychodrama section. I had the opportunity to take an early morning reflection group with Merri Goldberg who lived and studied with the Moreno’s. She is interested in renewing her relationships with ASGPP and we welcome her return. At the Psychodrama section meeting, it was agreed to explore the possibility of creating an International Journal. I requested that ASGPP be represented on this committee. Any member interested in serving in this capacity, please contact me. Congratulations to Dena Baumgartner, longtime member of the ASGPP, as a newly elected member of the IAGP Board. We wish her good fortune in her new role.

The plan to secure the home of Jacob Levy Moreno, which is located 30 km south of Vienna in the city of Bad Voeslau, was discussed. Dr. Michael Wieser of Austria is leading a project team to purchase this home. The plan is to have a museum, an archive, a library, a research unit and a place of encounter. This home was where Moreno worked as a public health officer before coming to the USA in 1925 and where he wrote “The Words of the Father” and “Theatre of Spontaneity”. Those interested in more information may contact Dr. Wieser at Michael.Wieser@uni-klu.ac.at. or visit www.moreno-museum.at.

The Executive Council held their September business meeting. I wish to thank all Committees that sent reports for the Council meeting in a timely manner and thank all of you who participated on those committees, taking time out of your life to support the workings of ASGPP. We certainly could not do it without your help. Much was discussed at the Council meeting, but a few highlights include the remaking...
Drawing the Perceptual Personal Socio-Cultural Atom

By Zerka T. Moreno

This term refers to a pictogram which can also be role-played, in which the central person or protagonist is drawn in relationship to all the significant others in three areas: personal, professional or work, and social. It is based on your subjective perception of your world.

You yourself, as the subject, should identify yourself by an initial or the first two letters of your name and identify all the other people as well. Place yourself in the center, drawing the significant others around you (circles for females, triangles for males), with the lines of connection to them, whether positive, negative or neutral. Draw the lines halfway, and then focus on how you perceive each person in relationship in general to yourself (by role reversal in an empty chair if need be).

When you have established the feeling coming from the other, complete the line by drawing their line towards yourself, put a dash in the middle perpendicularly across the line halfway, to show the completed line. Do this for all those you have depicted.

However, if there is nothing forthcoming from the other, indicating a one-way relationship, complete the line by an arrow, pointing all the way to the other.

To distinguish the nature of the emotional contact, attraction can be shown in red, rejection in black, neutrality or indifference, in green or blue, or any color consistently employed. Make a list at the bottom of the page indicating who the initials represent as well as what emotion the colors represent. If no colors are available, use a heavier line for rejection, a dotted or broken line for neutrality, or any other form you design, but make them clearly legible and consistent throughout.

In addition, if known, try to establish the relationships between the others to each other; they should also be drawn. For example, think of how their relationships to one another impact on you, such as whether your in-laws approve of you and your family of origin or not, and who among your friends reject your choice of mate, etc.

The question to pose oneself in drawing this chart is a general one: What are my feelings towards my mate, my parents, my co-workers, my social companions, etc. Also, what are their feelings towards me and to one another? We really know more about these invisible strands than we give ourselves credit for.

The more mutually positive the relationships are felt and shown to be (usually indicated in red, as the color of the heart), in all these three areas, the stronger are the connections and the better balanced your life.

Now look again at those lines in which black appears, which indicate rejection either to or from the others and ask yourself: Are these more numerous than the positive ones? Is that a stable pattern? How and where have I learned this? How can I change that? How can I best use my strengths to correct this or that relationship? Or even ask yourself: Is this a person I really need in my world? Can we turn this negative relationship positive or do we need to disconnect if that relationship is not mutually productive? Have we been hanging on too long? If so, how do we disconnect without hurting each other? Isn’t it better for that other person and myself to be freed from negative energy, so positive energy can be used elsewhere, with other people? Are we not both worthy of that? Can I take responsibility for this? How do I handle it?

The most complicated ones are what are known as "incongruous" relationships, connections in which one person chooses another who either rejects or is indifferent to the chooser. Is that another part of your pattern? And what if you are the rejecting one and that person chooses you? All of us have experienced these and have had to deal with them. All require our ability to feel ourselves into the other with the heart, to let that heart guide you. There is another category, neutrality, which may be indicated by a broken black or colored line. If that state is satisfactory to you both and does not require attention, so be it. But if this is a person with a central position in your life, it requires serious attention and possibly some choices for the future.

This highlights a vital point in all these relationships: whether we give a person a central or not-so-important place in our life. If that connection is peripheral, not significant, it is easier to let go. Whatever choices you make, remember that we can never be sure we know absolutely how the other feels, but we must be clear about how we feel. We also need to consider how to deal with the feelings of the other.

Perception of oneself versus others may be weak, distorted or negative. Turn a positive light upon the others and make sure you rely upon your inner strength and good will towards others as well as yourself. Fortunately, our perception is subject to change and if you undertake work on your socio-cultural atom and draw it again at later stages, you may be delighted at the improvements you have made. The more often you do this exercise, the sharper your perception will become and the better balanced your socio-emotional world.

Moreno suggested we do this once a month, just as we check our bank account. Good luck with this map of exploration of your own social geography.
Trivia Corner

This Trivia Quiz is for trainees. We are assuming it will be too easy for CP's and TEP's. Please answer all three questions and email your answers along with your name to caroleolivernj@optonline.net. But hurry! The first 5 respondents with the correct answers for all three questions will win the Contest for this issue. You are probably wondering what the prize is? Stayed tuned for the next PNN edition for the winners, prize and the answers.

Where did Jacob Moreno take his residency training for a specialty in psychiatry?

In his early writings, Moreno said he was born on the Black Sea on a ship, in 1892. Is this true?

What is written on Moreno's tombstone in Vienna?

Thanks to Adam Blatner for the trivia questions for this issue. Please submit trivia questions on psychodrama and sociometry. Go back in time and come up with some really good questions to stump the audience. Please include the answer(s) with documentation.

Weekend Psychodrama Training Program

November 13, 14 & 15; January 8, 9 & 10; March 5, 6 & 7; April 30 - May 1 & 2; August 5-9

Saturday & Sunday Open Workshops

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PATS on Staff:
Martha H. Adams, LCSW, PAT; Suzie Jary, LCSW, PAT; Heidi Landis, MFA, RDT, LCAT, PAT
Sari Skolnik, LCSW, PAT; Michael Traynor, LCSW, PAT

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November 5 - 8, 2009

November 11 - 15, 2009

November 18 - 22, 2009

January 21 - 25, 2010

February 18 - 21, 2010

February 22 - 27, 2010

March 4 - 6, 2010

April 7 - 11, 2010

April 15 - 19, 2010

April 28 - May 1, 2010

June 25 - 27, 2010
“*Action Speaks Louder*” British Psychodrama Association (BPA) Conference. Royal Agricultural College, Cirencester. Contact www.rac.ac.uk/

September 2 - 5, 2010

Check the Forum on the ASGPP website, www.asgpp.org, for a list of Conferences and Calls for Proposals.

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The Medicine Wheel
Barbara Guest, MSW, TEP and Mike Lee, CP, PAT

July 18-23, 2010 Residential
Transitions: The Stories of Our Lives
Donna Little, MSW, TEP and Barbara Guest, MSW, TEP

August 8-13, 2010 Residential
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January 9: Mindfulness in Forgiveness
February 13: Mindfulness in Conflict
March 13: Practice of Loving Kindness
April 10: Mindfulness in Self and Relationship
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Time: 10am - 5pm
Place: 19 West 34th Street, NYC, NY
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Trainers: Jacqueline Siroka, ACSW, LCSW-R, TEP, CGP and Jaye Moyer, LCSW-R, TEP
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the last Sat. of the month

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212-982-8516, ggbiglin47@yahoo.com
Jaye Moyer, LCSW, TEP — Faculty
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CONTINUING EDUCATION PROVIDERS WANTED:
INVITATION TO TEPs AND PATs

The ASGPP Approved CEU Providership Program currently has 28 participants. All TEPs and PATs are invited to enroll as Approved Continuing Education Providers for National Association of Alcohol and Drug Abuse Counselors, The National Board of Certified Counselors, and the National Registry of Group Psychotherapists through the ASGPP Continuing Education Program. This is a valuable marketing opportunity that allows trainers to attract new trainees from an expanding pool of counseling professionals certified by these groups, and offer required re-credentialing along with psychodrama training hours. With proper advertising and outreach, this can result in a substantial expansion of a provider’s practice or training program. It is also cost-effective, as it eliminates the expensive and time-consuming process of applying for providership with these certifying groups as an individual practitioner or trainer, or each time a workshop is offered.

Participants in the Program are listed on the ASGPP website and were featured in the ASGPP National Conference Guide. Membership is on a calendar year basis and renewed annually. Consider enrolling, as it is a great way to benefit your practice and the ASGPP. For information on cost, requirements and how to enroll, go to www.asgpp.org. The home page prominently features a hyperlink to information on how to enroll in the Approved Provider CEU program and a hyperlink to the listing of current participants.

The CEU Committee is actively exploring CEUs for the ASGPP National Conference in Philadelphia, April, 2010, to expand the offer of CEUs. Check the website for updates.

Respectfully Submitted,
Suzie Jary, LCSW, CP, PAT
CEU Committee Chair

SCHOLARSHIP
DONATIONS WELCOME

As the 2010 ASGPP Conference approaches we once again are soliciting donations for those who aren’t able to join us without a bit of assistance. Anything you can offer from $1 to ? is eagerly sought! Please send donations to the National Office.

Thank you for helping us to reach out!
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**Notes from Zerka**

Hi Everyone,

Just realized that 2009 is the year of the 120th birth of J.L. Moreno. He is still thriving, fortunately.

In June of 2008 the Brazilian Psychodrama Society named FEBRAP, did a Skype transmission with me, during their annual conference in Recife. The transmission was effected from this end by a student at the university.

In June of this year, Skype was sent to Moscow, to the conference there, aided by Kate Hudgins.

My teaching DVDs, made in 2007, have been shown in a number of countries and are available from Victor Yalom at psychotherapy.net.

Love, Zerka

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**CONGRATULATIONS to the newly certified CPs & TEPs**

The American Board of Examiners’ May Newsletter, *Board News*, lists a few of the newly certified CPs and TEPs: Chi-Chu Chou, PhD, CP; Linda Ciotola, MEd, CHES, TEP; Erica Michaels Hollander, PhD, JD, TEP; Paul J. Lesnik, LCSW, CHT, CP; Tzu-Yueh Lin, ME, CP; Regina Peterson, MSC, LMSW, TEP; Miriam Zachariah, BSc, BEd, MA, TEP and Rosana Zapata, LCSW, CP.

Check out their bios at

[www.psychodramacertification.org/docs/newsletters/newsletter052009.pdf](http://www.psychodramacertification.org/docs/newsletters/newsletter052009.pdf)

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**Action Board**

(Continued from Page 6)

 نيوز Evans, CP, TEP, and Isabel-Le (Izi) Malone, RDT, offered a half-day workshop, *Reclaiming Joy* through the Mount Airy Learning Tree (MALT) in Philadelphia, October 24. Nell continues mentoring in Philadelphia and on the border between Mexico and the US. In March Izi led a 3-hour workshop, *Introduction to Drama Therapy*, for first-year graduate students in the Department in Creative Arts Therapies program at Drexel University, Philadelphia.


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HUDSON VALLEY PSYCHODRAMA INSTITUTE
Directors: Judy Swallow, MA, TEP and Rebecca Walters, MS, TEP

December 3-5 — I DON'T WANNA...YOU CAN'T MAKE ME!
Action Interventions with Adolescents, Substance Abusers and other Reluctant Clients
Naples, FL with Rebecca Walters

January 2-5, 2010 — DIRECTING INTENSIVE
Phoenix, AZ with Rebecca Walters

January 21-25, 2010 — WINTER PSYCHODRAMA INTENSIVE
Highland, NY with Judy Swallow & Rebecca Walters

May 28-30, 2010 — I DON'T WANNA...YOU CAN'T MAKE ME!
Baltimore, MD with Rebecca Walters

June 17-21, 2010 — DIRECTING INTENSIVE
Highland, NY with Rebecca Walters

Core 2010 (ONGOING TRAINING GROUP)
February 18-22, May 20-24 and August 26-30

Psychodrama Internships available at Four Winds Hospital in Westchester, NY on Child and Adolescent Units

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